

LHSPLA DIVISION I GIRLS MEET RESULTS - MARCH 13, 2009

5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
	7		1	Kelly N.	ELL	4A	SOUTH	97	94	245	75	320	230	550
7			2	Lizzy D.	NCHS	5A	NORTH	97	97	185	100	285	220	505
	5		3	Fallon C.	ASH	4A	NORTH	97	94	140	85	225	260	485
		7	4	Reynecia D.	PAHS	3A	EAST	97	89.2	170	70	240	235	475
5			5	Erin j.	NSHORE	5A	SOUTH	97	95	185	85	270	170	440
	3		6	Brittany M.	ASH	4A	NORTH	97	97	175	60	235	195	430
		5	7	Heather D.	JENA	3A	NORTH	97	91	95	70	165	180	345
		3	8	Fallon F.	CROW	3A	WEST	97	96.2	110	75	185	115	300
	2		9	Valerie V.	PEAB	4A	NORTH	97	88.2	85	55	140	125	265
			BO	Courtney R.	NCHS	5A	NORTH	97	96.5	0	0	0	0	0
5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
		7	1	Rachel L.	BUCK	3A	NORTH	105	103	225	100	325	260	585
		5	2	Morgan B.	LUTCH	3A	SOUTH	105	104.2	225	105	330	255	585
7			3	Jordin P.	NSHORE	5A	SOUTH	105	102	205	85	290	215	505
	7		4	Alexxa M.	ASH	4A	NORTH	105	103	175	75	250	230	480
5			5	Morgan A.	WMHS	5A	NORTH	105	101.7	185	80	265	210	475
3			6	Megan S.	CEN	5A	EAST	105	103	155	75	230	200	430
	5		7	Deja P.	ASH	4A	NORTH	105	101.2	150	75	225	190	415
2			8	Casey B.	CEN	5A	EAST	105	99.5	145	65	210	170	380
		3	9	Brenna C.	PAHS	3A	EAST	105	102	150	60	210	170	380
5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
		7	1	Markeisha B.	PAHS	3A	EAST	114	111	220	110	330	255	585
7			2	Lakendra R.	NCHS	5A	NORTH	114	112.5	190	105	295	245	540
	7		3	Karissa K.	ASH	4A	NORTH	114	106	190	80	270	240	510
		5	4	Mikhail R.	BUCK	3A	NORTH	114	111	145	100	245	250	495
5			5	Briana N.	WMHS	5A	NORTH	114	112	165	85	250	210	460
		3	6	Paige B.	RAYNE	3A	WEST	114	109.2	140	90	230	200	430
	5		7	Kelsey L.	ELL	4A	SOUTH	114	108.2	135	60	195	205	400
		2	8	Amber W.	RAYNE	3A	WEST	114	113	70	55	125	175	300
	3		9	Aimee B.	ELL	4A	SOUTH	114	107.5	85	45	130	125	255

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		7	1	Katie O.	LUTCH	3A	SOUTH	123	122	240	125	365	300	665
		5	2	Siedda H.	PAHS	3A	EAST	123	120	185	130	315	315	630
7			3	Tonika M.	NCHS	5A	NORTH	123	121.5	195	100	295	285	580
	7		4	Neftali F.	TIO	4A	NORTH	123	121.7	190	110	300	280	580
5			5	Kim B.	NSHORE	5A	SOUTH	123	117.7	195	125	320	235	555
		3	6	Shelbee H.	CROW	3A	WEST	123	121	190	115	305	245	550
		2	7	Sommer L.	CROW	3A	WEST	123	117.5	205	85	290	215	505
		1	8	Kayla F.	RAYNE	3A	WEST	123	118	175	75	250	190	440
	5		9	Rebbecca W.	TIO	4A	NORTH	123	118.7	160	80	240	175	415
3			10	Amilia H.	PINE	5A	NORTH	123	119.75	140	75	215	180	395
			11	Shelby L.	RAYNE	3A	WEST	123	121.5	160	85	245	140	385
			DQ	Chelsea H.	WMHS	5A	NORTH	123	117.5	260	115	375	0	375
			12	Cassie M.	JENA	3A	NORTH	123	115	110	85	195	155	350
			BO	Victoria D.	PINE	5A	NORTH	123	119	0	0	0	0	0
			BO	Margaret T.	ELL	4A	SOUTH	123	120	0	0	0	0	0
5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
		7	1	Tori M.	LUTCH	3A	SOUTH	132	125.2	290	165	455	305	760
		5	2	Suzanne L.	LUTCH	3A	SOUTH	132	131	295	125	420	300	720
7			3	Kar'leica T.	WMHS	5A	NORTH	132	130.5	240	125	365	310	675
5			4	Katarina P.	NCHS	5A	NORTH	132	127	230	100	330	275	605
	7		5	Heather D.	ASH	4A	NORTH	132	131.7	205	120	325	260	585
	5		6	Ashley B.	TIO	4A	NORTH	132	130	225	95	320	260	580
3			7	Kasey R.	NCHS	5A	NORTH	132	130.5	180	95	275	260	535
		3	8	Devin R.	CROW	3A	WEST	132	125.5	185	75	260	215	475
		2	9	Beth M.	RAYNE	3A	WEST	132	128.7	205	75	280	180	460
		1	10	Taylor H.	JENA	3A	NORTH	132	130.2	170	80	250	210	460
			11	Brittany M.	BUCK	3A	NORTH	132	130	165	70	235	195	430
			BO	Maranda G.	CROW	3A	WEST	132	128	0	0	0	0	0
			?	Michelle A.	ELL	4A	SOUTH	132	132	0	0	0	0	0
			BO	Taylor P.	SLID	5A	SOUTH	132	132	0	0	0	0	0
			BO	Caitlin S.	MARKS	3A	EAST	132	132.2	0	0	0	0	0

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5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
7			1	Elena R.	NSHORE	5A	SOUTH	148	145.5	295	130	425	285	710
		7	2	Jessica G.	LUTCH	3A	SOUTH	148	133	265	125	390	295	685
5			3	Jade C.	WMHS	5A	NORTH	148	144.7	225	140	365	310	675
3			4	Hannah W.	NCHS	5A	NORTH	148	140.5	205	100	305	280	585
2			5	Hilery W.	NCHS	5A	NORTH	148	145	205	100	305	275	580
1			6	Clair F.	PINE	5A	NORTH	148	144.2	195	110	305	235	540
		5	7	Emily G.	RAYNE	3A	WEST	148	144.5	195	95	290	250	540
			8	Ashley E.	CEN	5A	EAST	148	148	205	105	310	230	540
	7		9	Kayonia M.	ELL	4A	SOUTH	148	144	185	95	280	240	520
	5		10	Brooke T.	ELL	4A	SOUTH	148	146	185	60	245	230	475
		3	11	Lauren D.	MARKS	3A	EAST	148	141.5	185	90	275	175	450
			12	Mistie H.	WALK	5A	EAST	148	145.2	125	55	180	165	345
			BO	Kristen F.	CEN	5A	EAST	148	135.5	0	0	0	0	0
			BO	Paris P.	ASH	4A	NORTH	148	146.5	0	0	0	0	0
5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
7			1	Mary H.	NCHS	5A	NORTH	165	165	300	130	430	380	810
5			2	Taylor K.	WMHS	5A	NORTH	165	160.5	305	125	430	325	755
		7	3	Whitney A.	PAHS	3A	EAST	165	165.2	295	150	445	300	745
		5	4	Kori C.	LUTCH	3A	SOUTH	165	156	290	140	430	280	710
		3	5	Mandy B.	CROW	3A	WEST	165	158.2	265	125	390	300	690
		2	6	Chelsey T.	BUCK	3A	NORTH	165	160.5	245	95	340	260	600
	7		7	Mercedes G.	ASH	4A	NORTH	165	161.2	220	105	325	270	595
	5		8	Monique V.	ELL	4A	SOUTH	165	155	240	95	335	255	590
3			9	Ceason J.	PINE	5A	NORTH	165	164.7	225	120	345	220	565
		1	10	Cara D.	BUCK	3A	NORTH	165	165.2	195	105	300	235	535
			11	Jamie W.	MARKS	3A	EAST	165	160	190	95	285	245	530
	3		12	Shelly B.	TIO	4A	NORTH	165	165.2	195	95	290	240	530
	2		13	Kelsey R.	TIO	4A	NORTH	165	163.5	155	90	245	200	445
			BO	Amber W.	ELL	4A	SOUTH	165	163	0	0	0	0	0

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5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
	7		1	Dionysia G.	ASH	4A	NORTH	181	179.7	360	160	520	420	940
		7	2	Kacie B.	LUTCH	3A	SOUTH	181	177.2	330	185	515	325	840
		5	3	Katelyn H.	AVOY	3A	EAST	181	171.5	310	125	435	310	745
7			4	Elizabeth P.	WMHS	5A	NORTH	181	170.2	295	130	425	310	735
5			5	Jennifer P.	NSHORE	5A	SOUTH	181	173	250	170	420	275	695
3			6	Julia D.	CEN	5A	EAST	181	173	305	120	425	240	665
	5		7	Paige B.	TIO	4A	NORTH	181	178.2	260	120	380	285	665
	3		8	Amber W.	TIO	4A	NORTH	181	181.7	265	120	385	280	665
2			9	Katie I.	NSHORE	5A	SOUTH	181	172	225	110	335	320	655
1			10	Katie N.	CEN	5A	EAST	181	175	245	110	355	300	655
			11	Carrie P.	PINE	5A	NORTH	181	174.5	180	85	265	230	495
			12	Paige P.	PINE	5A	NORTH	181	166	155	75	230	200	430
			BO	Amber W.	PAHS	3A	EAST	181	173.2	0	0	0	0	0
5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
		7	1	Samantha R.	BRU	3A	EAST	198	194	385	215	600	350	950
		5	2	Aimee L.	LUTCH	3A	SOUTH	198	195.2	330	185	515	315	830
	7		3	Raisa H.	ASH	4A	NORTH	198	182	290	140	430	325	755
7			4	Raven M.	NCHS	5A	NORTH	198	198	230	145	375	310	685
5			5	Emily D.	WMHS	5A	NORTH	198	191.75	255	120	375	305	680
		3	6	Laura P.	BUCK	3A	NORTH	198	187	230	100	330	215	545
	5		7	Brittany P.	ELL	4A	SOUTH	198	196	210	95	305	225	530
			BO	Grace P.	PINE	5A	NORTH	198	196.75	0	0	0	0	0

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5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
7			1	Emily m.	CEN	5A	EAST	220	200	355	155	510	345	855
5			2	Hannah W.	WMHS	5A	NORTH	220	207.7	305	155	460	345	805
3			3	Heather C.	WMHS	5A	NORTH	220	211.2	295	130	425	300	725
		7	4	Amy A.	CROW	3A	WEST	220	200.7	315	105	420	260	680
		5	5	Erica F.	MARKS	3A	EAST	220	211.5	255	120	375	270	645
2			6	Anna R.	PINE	5A	NORTH	220	199.5	225	105	330	220	550
	7		7	Krystal P.	ELL	4A	SOUTH	220	199.5	115	55	170	205	375
			BO	Amber B.	CROW	3A	WEST	220	203.5	0	0	0	0	0
			?	Brea M.	PAHS	3A	EAST	220	220	0	0	0	0	0
5A POINTS	4A POINTS	3A POINTS	Place	LIFTER	SCHOOL	CLASS	REGION	WT. CLASS	BODY WT.	SQUAT	BENCH	SUB- TOTAL	DEAD	TOTAL
		7	1	Rickeyman R.	LUTCH	3A	SOUTH	SHW	263.5	430	235	665	415	1080
		5	2	Brylan S.	LUTCH	3A	SOUTH	SHW	319.2	390	225	615	300	915
7			3	Ashton C.	DEST	5A	SOUTH	SHW	273	350	185	535	370	905
		3	4	Jayla J.	BRU	3A	EAST	SHW	273	350	170	520	360	880
	7		5	Kendra T.	PEAB	4A	NORTH	SHW	236.2	325	150	475	400	875
	5		6	Antoinette H.	ASH	4A	NORTH	SHW	271.2	350	180	530	340	870
		2	7	Kayla C.	PAHS	3A	EAST	SHW	238.5	315	240	555	295	850
5			8	Ashton J.	WMHS	5A	NORTH	SHW	274.7	315	175	490	285	775
3			9	Jessica B.	NSHORE	5A	SOUTH	SHW	289.5	275	135	410	275	685
		1	10	Laiken B.	BUCK	3A	NORTH	SHW	234	195	110	305	250	555
	3		11	Francesca M.	PEAB	4A	NORTH	SHW	285	125	100	225	275	500
			12	Rachel C.	BUCK	3A	NORTH	SHW	243	155	95	250	195	445