

2012 LHSPLA DIVISION I - 5-A GIRLS RESULTS

Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Julia S.	North Shore	97	93.9	235	125	255	615	885.35
2	Brittany B.	Natchitoches Central	97	92.8	170	85	235	490	710.26
3	Kelsey W.	West Monroe	97	95.4	180	75	205	460	655.5
4	Morgan R.	Pineville	97	94.3	135	50	180	365	523.74
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Kayli A.	North Shore	105	103.5	240	150	235	625	841.25
2	Anonymous	West Monroe	105	101.2	215	110	235	560	767.03
3	Bria B.	Natchitoches Central	105	103.9	210	110	235	555	745.7
4	Kate R.	Pineville	105	103.9	180	80	215	475	638.21
5	Courtney N.	Chalmette	105	105.6	185	0	0	185	245.59
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Anonymous	Central	114	111.4	280	135	310	725	924.96
2	Kandance A.	North Shore	114	109.5	250	120	265	635	819.85
3	Emily M.	West Monroe	114	110	195	115	255	565	726.93
4	Emilie K.	Natchitoches Central	114	111.3	220	105	230	555	708.07
5	Skylar T.	Walker	114	110.9	170	95	225	490	627.2
6	Shelby F.	Central	114	110.3	170	75	210	455	584.4
?	Ester S.	Slidell	114	112.1	0	0	0	0	0
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Jessica F.	North Shore	123	120.6	315	155	275	745	893.4
2	Lakendra R.	Natchitoches Central	123	121	285	145	315	745	890.42
3	Caylin D.	Central	123	114.8	260	150	270	680	847.08
4	Gabbi F.	North Shore	123	121.1	235	95	250	580	693.22
5	Jessica W.	Pineville	123	121.9	200	80	235	515	612.59
6	Destiny K.	Walker	123	117.2	185	100	220	505	619.69
7	Taylor D.	Zachary	123	116.3	175	90	165	430	530.32
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Katarina P.	Natchitoches Central	132	130.8	305	145	340	790	888.75
2	Natasha B.	North Shore	132	128.3	235	165	275	675	770.92
3	Brittany J.	Natchitoches Central	132	131.4	275	120	275	670	751.41
4	Lindsay L.	North Shore	132	131.8	215	130	275	620	693.41
5	Krystena R.	Covington	132	128.3	235	80	205	520	593.89
6	Bianca D.	Pineville	132	132.3	155	95	240	490	546.35
7	Mallory W.	Zachary	132	128.9	170	65	215	450	512.37
8	Madison P.	Live Oak	132	129.4	160	60	200	420	476.74
9	Britani A.	Live Oak	132	127.9	145	60	200	405	463.93
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Ashley G.	North Shore	148	142.2	280	190	270	740	781.66
2	Amber M.	North Shore	148	147.7	255	150	295	700	718.97
3	Randi R.	Natchitoches Central	148	145.7	275	130	280	685	710.62
4	Cerah B.	Live Oak	148	146.3	245	125	280	650	671.78
5	Krystal H.	Slidell	148	142.1	235	115	265	615	649.62
6	Courtney R.	Natchitoches Central	148	141.9	225	110	275	610	645.14
7	Carrie P.	Pineville	148	143.7	230	95	270	595	623.56
8	Kayla L.	Central	148	136.5	220	110	255	585	636.54
9	Kaitlyn T.	Walker	148	147.3	225	105	215	545	560.48
10	Caitlyn R.	Live Oak	148	137.8	215	85	240	540	583.63
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Kendra J.	West Monroe	165	164.4	290	120	305	715	682.61
2	Alexis M.	Natchitoches Central	165	149.2	250	135	315	700	713.72
3	Shavonna O.	West Monroe	165	163.8	255	125	255	635	607.38
4	Sydni O.	Live Oak	165	160	235	105	260	600	582.54
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Erin S.	Walker	181	178.9	370	210	320	900	817.47
2	Skylar E.	North Shore	181	176.6	340	180	310	830	759.12
3	Whitney C.	Natchitoches Central	181	181.2	270	120	280	670	604.54
4	Sara S.	West Monroe	181	179.8	235	125	285	645	584.11
5	Liana A.	Slidell	181	168.3	225	115	260	600	564.3
6	Alysha G.	Pineville	181	174.5	210	100	265	575	529.35
7	Morgan T.	West Monroe	181	169.9	185	125	255	565	528.5

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Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Zaharias S.	Natchitoches Central	198	197.2	305	160	315	780	676.03
2	Rebecca P.	West Monroe	198	196	290	175	295	760	660.14
3	Brianne D.	North Shore	198	182.3	285	175	280	740	665.26
4	Maggie B.	Walker	198	185.8	295	140	285	720	641.09
5	Victoria W.	Live Oak	198	194.2	275	125	280	680	593.23
6	Kimberly G.	Walker	198	194.4	270	135	265	670	584.24
7	Matrice C.	West Monroe	198	195.8	245	110	295	650	564.85
8	Sarah P.	Pineville	198	183.4	215	85	250	550	493.08
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Brooklyn H.	Walker	220	215.7	305	180	355	840	704.26
2	Siana S.	West Monroe	220	216	325	135	330	790	661.86
3	Grace P.	Pineville	220	219	310	135	255	700	583.94
4	Kristin R.	South Lafouche	220	215	275	125	295	695	583.11
5	Markell B.	Chalmette	220	205.5	265	120	270	655	558.26
6	Hannah C.	Pineville	220	199.4	280	90	240	610	526.19
Place	Lifter	Team	Wt. Class	BWT	Squat	Bench Press	Dead Lift	Total	Wilks Total
1	Alexis W.	Central	SHWT	265.5	455	245	410	1110	887.11
2	Breanna G.	Walker	SHWT	275.5	370	205	275	850	674.82
3	Trinity B.	West Monroe	SHWT	230.1	330	130	310	770	633.71
4	Jasmine G.	Pineville	SHWT	242.6	300	130	310	740	601.69

Place	Team	1st x7	2nd x5	3rd x3	4th x2	5th x1	Total Pts.
1	North Shore	4	4	1	2	0	55
2	Natchitoches Central	2	3	4	1	0	43
3	West Monroe	1	3	4	1	0	36
4	Walker	2	1	0	1	1	22
5	Central	2	0	1	0	0	17
6	Pineville	0	0	1	3	1	10
7	Live Oak	0	0	0	2	1	5
8	South Lafouche	0	0	0	1	0	2
9 tie	Slidell	0	0	0	0	2	2
	Chalmette	0	0	0	0	2	2
11	Covington	0	0	0	0	1	1
12	Zachary	0	0	0	0	0	0