

LHSPLA Coaches,

The LHSPLA EC had their annual Constitution/Rule Book meeting this week. The EC voted to move the Summer Business Meeting to one month before the 2020-2021 season. The rationale for the change is that the COVID-19 pandemic is changing the norms we are used to. By moving the meeting to one month before the season gives everyone enough time to adjust to what the season is going to look like. The meets that we are used to having are most likely not going to be the same during this COVID-19 Pandemic. This meeting will serve as 1) the postponed Summer Business Meeting where coaches will be able to vote on the upcoming constitution and rule proposals, and 2) the Coaches Rules Clinic for all coaches in order to be able to participate in an LHSPLA meet.

LHSCA will be hosting a Virtual Clinic for all sports. The dates for the clinic are Monday – July 20 – through Thursday – July 23. The website to see the roster of speakers will be sent out soon by LHSCA.

Speakers for Powerlifting at the Virtual Clinic this year:

LHSPLA Hall of Famer Jon Magendie and Kelly Magendie of Litcher HS
LHSPLA Hall of Famer Duane Urbina

LHSPLA President,
Kirk Lavergne