

**LHSPLA GIRLS DIVISION III STATE RECORDS  
(ESTABLISHED MARCH 2013)**

As of 3/28/22

| <b>Wt.Class</b>     | <b>Event</b>    | <b>Wt.<br/>Lifted</b> | <b>Name</b>              | <b>BW</b>     | <b>Year</b> | <b>School</b>            |
|---------------------|-----------------|-----------------------|--------------------------|---------------|-------------|--------------------------|
| <b>97 lb class</b>  | <b>Squat</b>    | <b>280</b>            | <b>Blayna Parfait</b>    | <b>96.00</b>  | <b>2017</b> | <b>North Vermillion</b>  |
|                     | <b>Bench</b>    | <b>120</b>            | <b>Blayna Parfait</b>    | <b>96.00</b>  | <b>2017</b> | <b>North Vermillion</b>  |
|                     | <b>Deadlift</b> | <b>280</b>            | <b>Quenisha Hillard</b>  | <b>96.60</b>  | <b>2018</b> | <b>Peabody</b>           |
|                     | <b>Total</b>    | <b>660</b>            | <b>Blayna Parfait</b>    | <b>96.00</b>  | <b>2017</b> | <b>North Vermillion</b>  |
| <b>105 lb class</b> | <b>Squat</b>    | <b>275</b>            | <b>Jayla Johnson</b>     | <b>103.10</b> | <b>2022</b> | <b>Lutcher</b>           |
|                     | <b>Bench</b>    | <b>175</b>            | <b>Shaye Robertson</b>   | <b>102.00</b> | <b>2021</b> | <b>Abbeville</b>         |
|                     | <b>Deadlift</b> | <b>315</b>            | <b>Quamecca Stafford</b> | <b>104.90</b> | <b>2017</b> | <b>Lutcher</b>           |
|                     | <b>Total</b>    | <b>715</b>            | <b>Quamecca Stafford</b> | <b>104.90</b> | <b>2017</b> | <b>Lutcher</b>           |
| <b>114 lb class</b> | <b>Squat</b>    | <b>345</b>            | <b>Quamecca Stafford</b> | <b>114.10</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Bench</b>    | <b>200</b>            | <b>Quamecca Stafford</b> | <b>114.10</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Deadlift</b> | <b>410</b>            | <b>Quamecca Stafford</b> | <b>114.10</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Total</b>    | <b>955</b>            | <b>Quamecca Stafford</b> | <b>114.10</b> | <b>2021</b> | <b>Lutcher</b>           |
| <b>123 lb class</b> | <b>Squat</b>    | <b>335</b>            | <b>Chasity Jones</b>     | <b>123.50</b> | <b>2019</b> | <b>Peabody</b>           |
|                     | <b>Bench</b>    | <b>190</b>            | <b>Makayla Jones</b>     | <b>123.30</b> | <b>2019</b> | <b>Abbeville</b>         |
|                     | <b>Deadlift</b> | <b>330</b>            | <b>Chasity Jones</b>     | <b>123.50</b> | <b>2019</b> | <b>Peabody</b>           |
|                     | <b>Total</b>    | <b>780</b>            | <b>Chasity Jones</b>     | <b>123.50</b> | <b>2019</b> | <b>Peabody</b>           |
| <b>132 lb class</b> | <b>Squat</b>    | <b>350</b>            | <b>Alexis Venson</b>     | <b>130.40</b> | <b>2018</b> | <b>Peabody</b>           |
|                     | <b>Bench</b>    | <b>195</b>            | <b>Lexi Steinmann</b>    | <b>128.20</b> | <b>2022</b> | <b>ED White Catholic</b> |
|                     | <b>Deadlift</b> | <b>345</b>            | <b>Brytanye Erwin</b>    | <b>129.30</b> | <b>2015</b> | <b>Jena</b>              |
|                     | <b>Total</b>    | <b>815</b>            | <b>Lexi Steinmann</b>    | <b>128.20</b> | <b>2022</b> | <b>ED White Catholic</b> |
| <b>148 lb class</b> | <b>Squat</b>    | <b>385</b>            | <b>Alexis Venson</b>     | <b>142.10</b> | <b>2019</b> | <b>Peabody</b>           |
|                     | <b>Bench</b>    | <b>220</b>            | <b>Shyanne Naquin</b>    | <b>139.40</b> | <b>2017</b> | <b>Lutcher</b>           |
|                     | <b>Deadlift</b> | <b>415</b>            | <b>Blair Ursin</b>       | <b>147.10</b> | <b>2022</b> | <b>Lutcher</b>           |
|                     | <b>Total</b>    | <b>930</b>            | <b>Janee Kovacs</b>      | <b>147.00</b> | <b>2021</b> | <b>Patrick Taylor</b>    |
| <b>165 lb class</b> | <b>Squat</b>    | <b>445</b>            | <b>Shay Naquin</b>       | <b>162.20</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Bench</b>    | <b>270</b>            | <b>Shay Naquin</b>       | <b>162.20</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Deadlift</b> | <b>415</b>            | <b>Shay Naquin</b>       | <b>162.20</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Total</b>    | <b>1130</b>           | <b>Shay Naquin</b>       | <b>162.20</b> | <b>2021</b> | <b>Lutcher</b>           |
| <b>181 lb class</b> | <b>Squat</b>    | <b>380</b>            | <b>Demetria Vincent</b>  | <b>167.60</b> | <b>2018</b> | <b>Peabody</b>           |
|                     | <b>Bench</b>    | <b>205</b>            | <b>Asia Peterson</b>     | <b>175.90</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Deadlift</b> | <b>400</b>            | <b>Demetria Vincent</b>  | <b>167.60</b> | <b>2018</b> | <b>Peabody</b>           |
|                     | <b>Total</b>    | <b>970</b>            | <b>Asia Peterson</b>     | <b>175.90</b> | <b>2021</b> | <b>Lutcher</b>           |
| <b>198 lb class</b> | <b>Squat</b>    | <b>420</b>            | <b>Taiana Caldwell</b>   | <b>195.00</b> | <b>2019</b> | <b>Peabody</b>           |
|                     | <b>Bench</b>    | <b>250</b>            | <b>Hannah Barnett</b>    | <b>194.70</b> | <b>2021</b> | <b>Abbeville</b>         |
|                     | <b>Deadlift</b> | <b>365</b>            | <b>Kayelea Dearmon</b>   | <b>198.00</b> | <b>2017</b> | <b>Jena</b>              |
|                     | <b>Total</b>    | <b>940</b>            | <b>Hannah Barnett</b>    | <b>194.70</b> | <b>2021</b> | <b>Abbeville</b>         |
| <b>220 lb class</b> | <b>Squat</b>    | <b>425</b>            | <b>Macy Lambert</b>      | <b>217.60</b> | <b>2017</b> | <b>Lutcher</b>           |
|                     | <b>Bench</b>    | <b>300</b>            | <b>Jayla Reaux</b>       | <b>219.10</b> | <b>2021</b> | <b>Abbeville</b>         |
|                     | <b>Deadlift</b> | <b>370</b>            | <b>Lanecia Nicholas</b>  | <b>203.10</b> | <b>2021</b> | <b>Lutcher</b>           |
|                     | <b>Total</b>    | <b>1005</b>           | <b>Jayla Reaux</b>       | <b>219.10</b> | <b>2021</b> | <b>Abbeville</b>         |
| <b>SHW class</b>    | <b>Squat</b>    | <b>500</b>            | <b>Samauria Brooks</b>   | <b>253.40</b> | <b>2018</b> | <b>Peabody</b>           |
|                     | <b>Bench</b>    | <b>275</b>            | <b>Lainey Trahan</b>     | <b>250.80</b> | <b>2019</b> | <b>Abbeville</b>         |
|                     | <b>Deadlift</b> | <b>430</b>            | <b>Taylor Castille</b>   | <b>356.00</b> | <b>2021</b> | <b>Mamou</b>             |
|                     | <b>Total</b>    | <b>1130</b>           | <b>Samauria Brooks</b>   | <b>253.40</b> | <b>2018</b> | <b>Peabody</b>           |