

2021 SCCS SLAUGHTERHOUSE TRI MEET

DATE: January 14th, 2023

MEET DIRECTOR: Bryan Tadlock

Phone: (225)-328-8886

Email: btadlock@thesccs.org

SITE: Slaughter Community Charter School Gym

2944 LA HWY 412

Slaughter, La 70777

DEADLINE: January 3, 2023

Non-refundable check must accompany entry forms to secure a spot in the meet. Meet will have a 100-lifter capacity. Spots will be reserved via receipt of non-refundable check. Coaches may alter their roster as needed, but no refunds will be issued.

ALL WAIVER AND ENTRY FORMS CAN BE DOWNLOADED OFF LHSPLA WEBSITE.

ENTRY FEE: \$20.00 FOR EACH LIFTER –

MAKE ALL CHECKS PAYABLE TO: Slaughter Community Charter School

ELIGIBILITY: Schools will be allowed to enter as many lifters as they wish. Any lifter, who meets the eligibility requirements set forth by the LHSPLA in Article VIII of the constitution, is eligible to lift.

WAIVERS: All lifters participating in the SCCS dual/tri Meet must produce a signed waiver to be eligible to compete.

UNIFORM: The LHSPLA uniform rule, Section III, rule 1 a-d, will be waived for all lifters.

ADMISSION: Adults: \$7.00 (Children under the age of 5 get in free). Students with a valid school ID will have an admission of \$2.00.

AWARDS: Medals will be awarded for 1st—3rd place finishers in each weight class.

Outstanding Lifter awards will be awarded for the top lightweight and heavyweight male and female.

2022 Slaughterhouse Tri Meet at SCCS

Schedule of Events

To expedite the check-in process, there will be no weigh-in held on Friday night or Saturday morning. Each team will be allowed to weigh their athletes in at their schools. **Each coach will be responsible for e-mailing their teams body weights and openers to btadlock@thesccs.org by January 3, 2023** so the bodyweight and opener information can be entered into the computerized scoring system.

MEET SCHEDULE (BOYS/GIRLS):

SATURDAY, January 14th, 2023

CHECK-IN 6:30-.8:00 A.M.

COACHES MEETING 8:00-8:30 A.M.

OFFICIAL'S MEETING 8:00-8:30 A.M.

WARM-UP 8:25-8:45 A.M.

REPORT TO PLATFORMS FOR RULES BRIEFING 8:45AM

OPENING CERMONIES 9:00A.M.

LIFTING STARTS..... APPROXIMATELY 9:00 A.M.

I look forward to working with everyone at our upcoming meet. I hope everyone has a safe trip and lifting day. As always “go heavy or go home.”

B. Tadlock

SCCS Powerlifting Head Coach

ALL LIFTERS MUST SECURE SIGNATURE OF PARENT/GUARDIAN – FORM MUST BE COMPLETED USING AN INK PEN

LHSPLA/LHSAA Health Insurance Information Form 2022-2023

This form shall be turned into the Meet Director before participation in an LHSPLA/LHSAA sanctioned Invitational/Tri/Regional/State Meet will be allowed. Schools with group policies may submit a letter with their group policy information with a certified list of covered students. **The Meet Director has discretion to permit participation to accommodate unique circumstances regarding policy information.** I have read and understand the above information as it pertains to (lifter's name)

_____ Sex: M ___ F ___

participation in an LHSPLA/LHSAA sanctioned Invitational/Tri/Regional/State Meet for the 2022-2023 Powerlifting Season.

Address: _____

City: _____, LA Date of Birth: _____

Currently attends the ___th grade at _____ High School

Is covered by (check one): Regular/Indemnity ___ PPO ___ HMO ___ Point of Service ___

Medicaid ___ (Medicaid number ***must*** be listed on this form if that is the Insurance Provider of choice by the meet participant, form will be ***null and void*** without a correctly listed ***Medicaid Number.***)

Name of Insurance Company: _____

Name of Policyholder: _____

Policy Number: _____ Group Name or Number: _____

2022-2023 LHSPLA/LHSAA Invitational/Tri/Regional/State Meet Waiver

The undersigned, with full knowledge of the hazards and inherent risks of physical and mental injury involved in powerlifting competitions hereby release(s) all rights (known and unknown), claims, and interest for *any* injuries and/or damages against the LHSPLA, LHSAA, host schools, meet directors, officials, spotters, and loaders as a result of the named lifter participating in an LHSPLA/LHSAA sanctioned Invitational/Tri/Regional/State Meet during the 2022-2023 powerlifting season.

This waiver also releases the LHSPLA from any claims of liability (known or unknown) related to the results of a sanctioned LHSPLA/LHSAA Invitational/Tri/Regional/State Meet being published on its website. A student may be identified by first name and/or first initial of the last and the name of their school.

_____ Post my results on the LHSPLA/LHSAA website.

_____ Do not publish my results on the LHSPLA/LHSAA website

I have read and understand all of the information listed above.

Lifter's Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Coach's Signature: _____ Date: _____

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