

BAYOU REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

7/20/2023

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	225	Macy Fanguy	97.0	2018	Ellender
	BENCH	115	Gracie Neil	93.1	2022	South Terrebonne
	DEAD	210	Macy Fanguy	97.0	2018	Ellender
	TOTAL	530	Macy Fanguy	97.0	2018	Ellender
105 LB. CLASS	SQUAT	280	Jayla Johnson	105.5	2023	Lutcher
	BENCH	160	Sadie Crochet	104.8	2023	Assumption
	DEAD	300	Jayla Johnson	105.5	2023	Lutcher
	TOTAL	705	Jayla Johnson	105.5	2023	Lutcher
114. LB. CLASS	SQUAT	350	Quamecca Stafford	114.4	2021	Lutcher
	BENCH	200	Quamecca Stafford	114.4	2021	Lutcher
	DEAD	405	Quamecca Stafford	114.4	2021	Lutcher
	TOTAL	955	Quamecca Stafford	114.4	2021	Lutcher
123 LB. CLASS	SQUAT	315	Reagan Martin	121.2	2021	Lutcher
	BENCH	170	Reagan Martin	121.3	2022	Lutcher
	DEAD	325	Brandi Lambert	123.4	2019	Lutcher
	TOTAL	755	Brandi Lambert	123.4	2019	Lutcher
132 LB. CLASS	SQUAT	335	Alexis Laiche	128.9	2020	Lutcher
	BENCH	180	Lexi Steinmann	130.2	2022	ED White
	DEAD	335	Debbie Baudoin	128.4	2023	HL Bourgeois
	TOTAL	830	Alexis Laiche	128.9	2020	Lutcher
148 LB. CLASS	SQUAT	375	Bijanae Thomas	144.0	2021	Lutcher
	BENCH	230	Shyanne Naquin		2018	Lutcher
	DEAD	400	Blair Ursin	147.9	2022	Lutcher
	TOTAL	945	Shyanne Naquin		2018	Lutcher
165 LB. CLASS	SQUAT	425	Shay Naquin	161.4	2021	Lutcher
	BENCH	270	Shay Naquin	161.4	2021	Lutcher
	DEAD	415	Shay Naquin	161.4	2021	Lutcher
	TOTAL	1110	Shay Naquin	161.4	2021	Lutcher
181 LB. CLASS	SQUAT	410	Destiny Fowler	174.5	2018	Ellender
	BENCH	240	Mia Gonzales	168.0	2022	Dutchtown
	DEAD	400	Asia Peterson	174.1	2021	Lutcher
	TOTAL	975	Mia Gonzales	168.0	2022	Dutchtown
198 LB. CLASS	SQUAT	380	Melanie Louque	191.7	2020	Lutcher
	BENCH	245	Mikayla Forsythe	191.8	2022	Lutcher
	DEAD	370	Mikayla Forsythe	191.8	2022	Lutcher
	TOTAL	980	Mikayla Forsythe	191.8	2022	Lutcher
220 LB. CLASS	SQUAT	390	Mikayla Forsythe	214.7	2023	Lutcher
	BENCH	250	Mikayla Forsythe	214.7	2023	Lutcher
	DEAD	415	Mikayla Forsythe	214.7	2023	Lutcher
	TOTAL	1055	Mikayla Forsythe	214.7	2023	Lutcher
SHW CLASS	SQUAT	485	Daige Love	268.2	2023	Lutcher
	BENCH	280	Madison Mire	225.3	2020	Lutcher
	DEAD	415	Daige Love	268.2	2023	Lutcher
	TOTAL	1165	Daige Love	268.2	2023	Lutcher