

**LHSPLA GIRLS DIVISION III STATE RECORDS
(ESTABLISHED MARCH 2013)**

As of 7/5/2023

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	280	Blayna Parfait	96.0	2017	North Vermillion
	Bench	120	Blayna Parfait	96.0	2017	North Vermillion
	Deadlift	280	Quenisha Hillard	96.6	2018	Peabody
	Total	660	Blayna Parfait	96.0	2017	North Vermillion
105 lb class	Squat	280	Madison McCullough	104.8	2023	Parkview Baptist
	Bench	175	Shaye Robertson	102.0	2021	Abbeville
	Deadlift	315	Quamecca Stafford	104.9	2017	Lutcher
	Total	715	Quamecca Stafford	104.9	2017	Lutcher
114 lb class	Squat	345	Quamecca Stafford	114.1	2021	Lutcher
	Bench	200	Quamecca Stafford	114.1	2021	Lutcher
	Deadlift	410	Quamecca Stafford	114.1	2021	Lutcher
	Total	955	Quamecca Stafford	114.1	2021	Lutcher
123 lb class	Squat	335	Chasity Jones	123.5	2019	Peabody
	Bench	190	Makayla Jones	123.3	2019	Abbeville
	Deadlift	330	Chasity Jones	123.5	2019	Peabody
	Total	780	Chasity Jones	123.5	2019	Peabody
132 lb class	Squat	350	Alexis Venson	130.4	2018	Peabody
	Bench	195	Lexi Steinmann	128.2	2022	ED White Catholic
	Deadlift	345	Brytanye Erwin	129.3	2015	Jena
	Total	815	Lexi Steinmann	128.2	2022	ED White Catholic
148 lb class	Squat	385	Alexis Venson	142.1	2019	Peabody
	Bench	220	Shyanne Naquin	139.4	2017	Lutcher
	Deadlift	415	Blair Ursin	147.1	2022	Lutcher
	Total	930	Janee Kovacs	147.0	2021	Patrick Taylor
165 lb class	Squat	445	Shay Naquin	162.2	2021	Lutcher
	Bench	270	Shay Naquin	162.2	2021	Lutcher
	Deadlift	415	Shay Naquin	162.2	2021	Lutcher
	Total	1130	Shay Naquin	162.2	2021	Lutcher
181 lb class	Squat	380	Demetria Vincent	167.6	2018	Peabody
	Bench	205	Asia Peterson	175.9	2021	Lutcher
	Deadlift	400	Demetria Vincent	167.6	2018	Peabody
	Total	970	Asia Peterson	175.9	2021	Lutcher
198 lb class	Squat	420	Taiana Caldwell	195.0	2019	Peabody
	Bench	250	Hannah Barnett	194.7	2021	Abbeville
	Deadlift	365	Kayelea Dearmon	198.0	2017	Jena
	Total	940	Hannah Barnett	194.7	2021	Abbeville
220 lb class	Squat	425	Macy Lambert	217.6	2017	Lutcher
	Bench	300	Jayla Reaux	219.1	2021	Abbeville
	Deadlift	385	Peyton Todd	206.5	2023	Jena
	Total	1005	Jayla Reaux	219.1	2021	Abbeville
SHW class	Squat	500	Samauria Brooks	253.4	2018	Peabody
	Bench	275	Lainey Trahan	250.8	2019	Abbeville
	Deadlift	430	Taylor Castille	356.0	2021	Mamou
	Total	1130	Samauria Brooks	253.4	2018	Peabody