

**LHSPLA GIRLS DIVISION V STATE RECORDS
(ESTABLISHED MARCH 2013)**

As of 7/5/2023

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	240	Kaidynce Manuel	93.3	2019	St. Edmund
	Bench	105	Kaidynce Manuel	93.3	2019	St. Edmund
	Deadlift	245	Emma Grace Lazarus	96.2	2021	Calvary Baptist
	Total	575	Kaidynce Manuel	93.3	2019	St. Edmund
105 lb class	Squat	245	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
	Bench	130	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
	Deadlift	310	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
	Total	685	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
114 lb class	Squat	275	Emma Moore	114.5	2022	Cedar Creek
	Bench	135	Emma Moore	114.5	2022	Cedar Creek
	Deadlift	305	Emma Moore	114.5	2022	Cedar Creek
	Total	715	Emma Moore	114.5	2022	Cedar Creek
123 lb class	Squat	305	Emma Moore	119.5	2023	Cedar Creek
	Bench	165	Emma Moore	119.5	2023	Cedar Creek
	Deadlift	335	Madelyn Carroll	121.2	2023	Cedar Creek
	Total	785	Madelyn Carroll	121.2	2023	Cedar Creek
132 lb class	Squat	315	Peyton Muse	125.1	2023	Cedar Creek
	Bench	175	Peyton Muse	125.1	2023	Cedar Creek
	Deadlift	340	Peyton Muse	125.1	2023	Cedar Creek
	Total	830	Peyton Muse	125.1	2023	Cedar Creek
148 lb class	Squat	340	Ainsley Riley	143.7	2023	Cedar Creek
	Bench	215	Cheyenne Joffrion	140.3	2015	False River Academy
	Deadlift	335	Anna Kate Jackson	140.4	2022	St. Mary's Catholic
	Total	855	Ainsley Riley	143.7	2023	Cedar Creek
165 lb class	Squat	360	Lauren Enterkin	149.4	2023	Cedar Creek
	Bench	210	Lauren Enterkin	149.4	2023	Cedar Creek
	Deadlift	350	Curdeshia Edmonds	163.8	2014	Delhi High School
	Total	890	Lauren Enterkin	149.4	2023	Cedar Creek
181 lb class	Squat	330	Olivia Salter	169.9	2022	Cedar Creek
	Bench	200	Ashlyn Bourn	174.3	2023	Cedar Creek
	Deadlift	355	Ashlyn Bourn	174.3	2023	Cedar Creek
	Total	885	Ashlyn Bourn	174.3	2023	Cedar Creek
198 lb class	Squat	380	Tayler Guidry	196.6	2023	Gueydan
	Bench	195	Mary Woods	194.4	2021	Holden
	Deadlift	335	Kelsi Fanguy	193.8	2022	Vermillion Catholic
	Total	855	Kelsi Fanguy	193.8	2022	Vermillion Catholic
220 lb class	Squat	500	Dynesha Williams	215.8	2015	Delhi High School
	Bench	240	Mary Woods	213.9	2023	Holden
	Deadlift	370	Kayla Davis	216.0	2021	Holden
	Total	1050	Dynesha Williams	215.8	2015	Delhi High School
SHW class	Squat	470	Ashlyn Cleveland	260.1	2015	Delhi High School
	Bench	220	Jaida Istre	225.9	2022	Vermillion Catholic
	Deadlift	405	Dynesha Williams	230.6	2014	Delhi High School
	Total	1020	Dynesha Williams	230.6	2014	Delhi High School