

NORTH REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: BOYS						
7/20/2023						
Wt.Class	Event	Amt.	Name	BW	Year	School
114. LB. CLASS	SQUAT	375	Jeremy Scruggs		2002	North Crowley (TX)
	BENCH	220	Jeremy Scruggs		2002	North Crowley (TX)
	DEAD	455	Brandon Green		1992	Winnfield
	TOTAL	1035	Jeremy Scruggs		2002	North Crowley (TX)
123 LB. CLASS	SQUAT	445	Christopher Strong	115.8	2021	Parkway
	BENCH	265	Christopher Strong	121.7	2022	Parkway
	DEAD	440	Chad Randow	122.0	2014	Pineville
	TOTAL	1050	Terrance Phillips	122.1	2015	Alexandria
132 LB. CLASS	SQUAT	465	Lushawn Ware	132.3	2014	West Monroe
	BENCH	270	Luke Rhodes	126.1	2022	Delhi Charter
	DEAD	470	Spencer Perry	130.1	2015	Alexandria
	TOTAL	1155	Lushawn Ware	132.3	2014	West Monroe
148 LB. CLASS	SQUAT	570	Calvin Dial		1990	Thomas Jefferson (TX)
	BENCH	370	Lawson Lillo	147.2	2023	Cedar Creek School
	DEAD	605	Fred Jackson		1996	Natchitoches Central
	TOTAL	1410	Fred Jackson		1996	Natchitoches Central
165 LB. CLASS	SQUAT	580	Christian Dunn	165.3	2014	Ouachita Christian
	BENCH	370	Noah Norman	163.8	2023	West Monroe
	DEAD	580	Noah Norman	163.8	2023	West Monroe
	TOTAL	1485	Noah Norman	163.8	2023	West Monroe
181 LB. CLASS	SQUAT	740	Christian Dunn	181.3	2017	West Monroe
	BENCH	430	Christian Dunn	181.3	2017	West Monroe
	DEAD	625	Edward McCall	176.3	2002	Alexandria
	TOTAL	1750	Christian Dunn	181.3	2017	West Monroe
198 LB. CLASS	SQUAT	620	Jamarion Treadway	196.6	2023	Ouachita Parish High School
	BENCH	365	Dontarius Buggs	192.4	2016	Union Parish
	DEAD	630	Kenneth Ratliff		2001	Natchitoches Central
	TOTAL	1540	Jamarion Treadway	196.6	2023	Ouachita Parish High School
220 LB. CLASS	SQUAT	650	Jacob Corrent	215.4	2018	West Monroe
	BENCH	440	J.D. Johnson	217.2	2022	West Monroe
	DEAD	630	Clint Brown		1989	Bolton
	TOTAL	1590	Jacob Corrent	215.4	2018	West Monroe
242 LB. CLASS	SQUAT	655	Mase Many	237.5	2022	West Monroe
	BENCH	420	Charlie Harvin	242.4	2016	West Monroe
	DEAD	655	Jacob Tyson	223.7	2012	West Monroe
	TOTAL	1665	Jacob Tyson	223.7	2012	West Monroe
275 LB. CLASS	SQUAT	700	David Verzwylvelt	266.8	2015	Alexandria
	BENCH	545	Cody Kennedy	272.2	2013	Farmerville
	DEAD	640	Tyler Holloway	271.8	2016	Union Parish
	TOTAL	1695	Tyler Holloway	271.8	2016	Union Parish
SHW	SQUAT	745	Brian Powell	275.8	2004	Natchitoches Central
	BENCH	500	Matt Harper	291.2	2014	Parkway
	DEAD	635	Marklyn England	290.3	2013	West Monroe
	TOTAL	1740	Matt Harper	291.2	2014	Parkway