

SOUTH REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS						
7/20/2023						
WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	285	Jelynn Cheatham	94.6	2019	Slidell
	BENCH	155	Brennan Fallon	96.7	2020	Northshore
	DEAD	285	Jelynn Cheatham	94.6	2019	Slidell
	TOTAL	715	Jelynn Cheatham	95.7	2020	Slidell
105.8 LB. CLASS	SQUAT	300	Lola Cheramie	105.0	2023	Covington
	BENCH	155	Blaike-Lee Ordes	105.2	2016	Pope John Paul
	DEAD	315	M organ Bleakley	104.2	2011	Lutcher
	TOTAL	725	Lola Cheramie	105.0	2023	Covington
114.5 LB. CLASS	SQUAT	325	Kayley Rousse	113.5	2023	Fountainebleau
	BENCH	160	Mallory Guille	112.2	2022	Covington
	DEAD	350	Jaylan Bickham	106.6	2022	Slidell
	TOTAL	775	Jaylan Bickham	106.6	2022	Slidell
123.5 LB. CLASS	SQUAT	320	Madi Wolf	119.6	2015	Hannan
	BENCH	195	Gina Catalanotto	122.9	2017	Covington
	DEAD	320	Destiny Walker	117.3	2014	Lutcher
	TOTAL	795	Madi Wolf	119.6	2015	Hannan
132.3 LB. CLASS	SQUAT	385	Eva Polini	131.1	2023	Northshore
	BENCH	180	Bridget Seghers	132.2	2020	Covington
	DEAD	355	Brenna Becker	127.5	2023	Pope John Paul II
	TOTAL	900	Eva Polini	131.1	2023	Northshore
148.8 LB. CLASS	SQUAT	375	Alyzza Stann	144.3	2019	Covington
	BENCH	220	Alyzza Stann	144.3	2019	Covington
	DEAD	405	Denisha Melancon	135.3	2014	Lutcher
	TOTAL	995	Alyzza Stann	144.3	2019	Covington
165.3 LB. CLASS	SQUAT	440	Alyzza Stann	164.7	2020	Covington
	BENCH	250	Alyzza Stann	164.7	2020	Covington
	DEAD	400	Adeyinka Ariwajoye	161.5	2019	Slidell
	TOTAL	1055	Alyzza Stann	164.7	2020	Covington
181.8 LB. CLASS	SQUAT	405	Dominique Bourgeois	172.5	2014	Pope John Paul
	BENCH	220	Adeyinka Ariwajoye	180.0	2020	Slidell
	DEAD	425	Adeyinka Ariwajoye	180.0	2020	Slidell
	TOTAL	1015	Adeyinka Ariwajoye	180.0	2020	Slidell
198.3 LB. CLASS	SQUAT	420	Esmeralda Reyes-Perez	196.6	2023	Slidell
	BENCH	220	Angel Hunter	195.0	2020	Slidell
	DEAD	445	China Storks	189.0	2013	Lutcher
	TOTAL	1035	China Storks	189.0	2013	Lutcher
220.3 LB. CLASS	SQUAT	460	Karmyn King	217.4	2019	Slidell
	BENCH	240	Olivia Candies	214.6	2021	Northlake Christian
	DEAD	435	China Storks	219.1	2014	Lutcher
	TOTAL	1100	Karmyn King	217.4	2019	Slidell
SHW CLASS	SQUAT	520	Ashton Chatelain	320.5	2011	Destrehan
	BENCH	265	Harmoni Brown	279.1	2019	Covington
	DEAD	450	Mia Plummer	249.9	2023	Northshore
	TOTAL	1190	Ashton Chatelain	320.5	2011	Destrehan