

## 2024 SCCS SLAUGHTERHOUSE INVITATIONAL MEET

DATE: January 13<sup>th</sup>, 2024

MEET DIRECTOR: Bryan Tadlock

Phone: (225)328-8886

Email: btadlock@thesccs.org

SITE: Slaughter Community Charter School Gym

2944 LA HWY 412 West

Slaughter, La 70777

**DEADLINE:** January 3, 2024

- Non-refundable check must accompany entry forms to secure a spot in the meet. Meet will have a 125-lifter capacity. Spots will be reserved via receipt of non-refundable check. Coaches may alter their roster as needed, but no refunds will be issued.

**ALL WAIVER AND ENTRY FORMS CAN BE DOWNLOADED OFF LHSPLA WEBSITE.**

**ENTRY FEE: \$25.00 FOR EACH LIFTER –**

- MAKE ALL CHECKS PAYABLE TO: Slaughter Community Charter School

**ELIGIBILITY:** Schools will be allowed to enter as many lifters as they wish. Any lifter, who meets the eligibility requirements set forth by the LHSPLA in Article VIII of the constitution, is eligible to lift.

**WAIVERS:** All lifters participating in the SCCS Invitational must produce a signed waiver to be eligible to compete.

**UNIFORM:** The LHSPLA uniform rule, Section III, rule 1 a-d, will be waived for all lifters.

- **ADMISSION:** Adults: \$10.00 (Children under the age of 5 get in free). Students with a valid school ID (any school) will have an admission of \$5.00.
- **AWARDS:**
  - Medals will be awarded for 1st—3rd place finishers in each weight class.
  - Outstanding Lifter awards will be awarded for the top lightweight and heavyweight male and female.

## 2024 Slaughterhouse Invitational Schedule of Events

To expedite the check-in process, there will be no weigh-in held on Friday night or Saturday morning. Each team will be allowed to weigh their athletes in at their schools. **Each coach will be responsible for e-mailing their teams body weights and openers to [btadlock@thesccs.org](mailto:btadlock@thesccs.org) by January 3, 2024** so the bodyweight and opener information can be entered into the computerized scoring system.

**ALL TEAMS MUST PROVIDE COPIES OF INSURANCE WAIVERS, BE REGISTERED WITH THE LHSPLA, AND THE HEAD COACH MUST ATTEND A RULES CLINIC.**

### **MEET SCHEDULE (BOYS/GIRLS):**

SATURDAY, January 13th, 2024

CHECK-IN 6:30-8:00 A.M.

COACHES MEETING 8:00-8:30 A.M.

OFFICIAL'S MEETING 8:00-8:30 A.M.

WARM-UP 8:25-8:45 A.M.

REPORT TO PLATFORMS FOR RULES BRIEFING 8:45AM

OPENING CEREMONIES 9:00A.M.

LIFTING STARTS..... APPROXIMATELY 9:00 A.M.

Flight information will be emailed to coaches after the entry deadline has passed.

I look forward to working with everyone at our upcoming meet. I hope everyone has a safe trip and lifting day. As always "go heavy or go home."

B. Tadlock

SCCS Powerlifting Head Coach

### **PLEASE NOTE:**

**All schools are ineligible to compete at ANY LHSPLA Meet until their school's LHSPLA Registration form has been received in good order, along with annual Registration Fee and verified via email by the LHSPLA Secretary.**