



## **2024 Dr. Billy Jack Talton Hall of Fame Meet Hosted by: West Monroe High School**

DATE: January 6, 2024

MEET DIRECTOR: Jeremy Many

SITE: **West Monroe High School New Gym**  
201 Riggs Street  
West Monroe, LA 71291

DEADLINE: Entry's Forms must be e-mailed to me no later than  
**Monday, January 1st, 2024**  
E-MAIL: [jmany@opsb.net](mailto:jmany@opsb.net)

**ALL WAIVER AND ENTRY FORMS CAN BE DOWNLOADED OFF LHSPLA WEBSITE.**

ENTRY FEE: **\$25.00 FOR EACH LIFTER**

**MAKE ALL CHECKS PAYABLE TO: West Monroe High School**

ELIGIBILITY: Any lifter, who meets the eligibility requirements set forth by the LHSPLA in Article VIII of the constitution, are eligible to lift.

**LIFTING SUITS AND SINGLETs ARE NOT REQUIRED.**

WAIVERS: All lifters participating in the Billy Jack Talton Hall of Fame Meet must produce a signed waiver to be eligible to compete.

UNIFORM: The LHSPLA uniform rule, Section III, rule 1 a-d, will be waived for all lifters.

ADMISSION: Adults: \$10, (Children under school age get in free)

AWARDS: Trophies for 1<sup>st</sup>—3<sup>rd</sup> place finishers in each weight class.  
Outstanding Lifter Plaques: light and heavy platform-girls and boys.

CONCESSION: **No outside food or drink allowed**



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### **Schedule of Events**

**TO EXPEDITE THE CHECKING IN PROCESS, THERE WILL BE NO WEIGH-IN HELD ON FRIDAY NIGHT OR SATURDAY MORNING. EACH TEAM WILL BE ALLOWED TO WEIGH THEIR KIDS IN AT THEIR SCHOOLS. EACH COACH WILL BE RESPONSIBLE FOR EITHER E-MAILING THEIR TEAMS BODY WEIGHTS AND OPENERS TO JEREMY MANY *E-MAIL* – [jmany@opsb.net](mailto:jmany@opsb.net) BY MONDAY, January 1st, SO THE BODYWEIGHT AND OPENER INFORMATION CAN BE PUT IN LIFTINGCAST.**

### **MEET SCHEDULE (BOYS/GIRLS):**

#### **SATURDAY, January 6th, 2024**

CHECK-IN .....6:30 – 8:00 A.M.  
COACHES MEETING .....8:00 – 8:30 A.M.  
OFFICIAL'S MEETING..... 8:00 – 8:30 A.M.  
WARM-UP.....8:10 – 8:40 A.M.  
REPORT TO PLATFORMS FOR RULES BRIEFING.....8:45 A.M.  
**LIFTING STARTS..... APPROXIMATELY 9:00 A.M.**