

WEST REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

7/20/2023

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	280	Blayna Parfait	97.0	2017	North Vermilion
	BENCH	120	Kaidynce Manuel	95.3	2020	St. Edmund
	DEAD	280	Blayna Parfait	97.0	2017	North Vermilion
	TOTAL	670	Blayna Parfait	97.0	2017	North Vermilion
105 LB. CLASS	SQUAT	260	Shaye Robertson	100.8	2021	Abbeville
	BENCH	182.5	Shaye Robertson	100.8	2021	Abbeville
	DEAD	300	Adeline Launey	104.5	2023	Sacred Heart of Ville Platte
	TOTAL	705.0	Shaye Robertson	100.8	2021	Abbeville
114. LB. CLASS	SQUAT	295	Khandi Schuford	113.0	2023	Abbeville
	BENCH	150	Khandi Schuford	113.0	2023	Abbeville
	DEAD	315	Keira Segura	111.8	2023	Delcambre
	TOTAL	760	Khandi Schuford	113.0	2023	Abbeville
123 LB. CLASS	SQUAT	315	Lydia Shields	121.6	2023	North Vermilion
	BENCH	190	Gracie Cassidy	123.2	2023	Southside
	DEAD	310	Gracie Cassidy	123.2	2023	Southside
	TOTAL	810	Gracie Cassidy	123.2	2023	Southside
132 LB. CLASS	SQUAT	315	Madelyn McDaniel	129.1	2019	Iota
	BENCH	180	Ricki Lafleur	128.5	2023	Mamou
	DEAD	375	Kamilah Todd		1998	Leesville
	TOTAL	795	Madisyn Fruge	131.7	2022	Church Point
148 LB. CLASS	SQUAT	315	Keylie Cruse	142.6	2019	Iota
	BENCH	215	Cheyenne Joffrion	141.8	2015	False River
	DEAD	355	Gracie Ransonet	141.6	2021	Loreauville
	TOTAL	800	Gracie Ransonet	141.6	2021	Loreauville
165 LB. CLASS	SQUAT	350	Holly Necaise	154.3	2018	North Vermilion
	BENCH	190	Holly Necaise	154.3	2018	North Vermilion
	DEAD	360	Valerie Leblanc	157.8	2017	South Terrebonne
	TOTAL	855	Holly Necaise	154.3	2018	North Vermilion
181 LB. CLASS	SQUAT	385	Haylee Bourque	166.5	2023	Abbeville
	BENCH	220	Hannah Barnett	171.9	2019	Abbeville
	DEAD	370	Ronicia Howze		2014	Leesville
	TOTAL	850	Haylee Bourque	166.5	2023	Abbeville
198 LB. CLASS	SQUAT	445	Taylor Holliday	193.7	2017	Ellender
	BENCH	235	Hannah Barnett	184	2020	Abbeville
	DEAD	335	Breegan Newble	198	2022	Sam Houston
	TOTAL	910	Taylor Holliday	193.7	2017	Ellender
220 LB. CLASS	SQUAT	390	Jayla Reaux	219.3	2021	Abbeville
	BENCH	275	Jayla Reaux	219.3	2021	Abbeville
	DEAD	360	Breegan Newble	218.8	2023	Sam Houston
	TOTAL	1000	Jayla Reaux	219.3	2021	Abbeville
SHW CLASS	SQUAT	480	Taylor Castille	352.8	2021	Mamou
	BENCH	310	Lainey Trahan	255.0	2019	Abbeville
	DEAD	450	Taylor Castille	352.8	2021	Mamou
	TOTAL	1115	Taylor Castille	352.8	2021	Mamou