

LHSPLA GIRLS STATE RECORDS

REVISED: 3/1/2024

Wt.Class	Event	Amount	Name	BW	Year	School
97 LB. CLASS	SQUAT	300	JE'LYNN CHEATHAM	95.1	2019	SLIDELL
	BENCH	157.5	JE'LYNN CHEATHAM	95.7	2020	SLIDELL
	DEAD	345	ASHLEY MITCHELL	97.8	2016	ALEXANDRIA
	TOTAL	745	JE'LYNN CHEATHAM	94.6	2019	SLIDELL
105 LB. CLASS	SQUAT	325	ASHLEY MITCHELL	98.0	2016	ALEXANDRIA
	BENCH	182.5	SHAYE ROBERTSON	100.8	2021	ABBEVILLE
	DEAD	340	ASHLEY MITCHELL	98.0	2016	ALEXANDRIA
	TOTAL	845	ASHLEY MITCHELL	98.0	2016	ALEXANDRIA
114 LB. CLASS	SQUAT	350	WILSON, ADRIANA	114.0	2017	ALEXANDRIA
	BENCH	200	QUAMECCA STAFFORD	114.1	2021	LUTCHER
	DEAD	410	QUAMECCA STAFFORD	114.1	2021	LUTCHER
	TOTAL	955	QUAMECCA STAFFORD	114.1	2021	LUTCHER
123 LB. CLASS	SQUAT	335	CHASITY JONES	123.0	2019	PEABODY
	BENCH	200.0	SAVANNAH BURKE	122.7	2021	NORTHLAKE CHRISTIAN
	DEAD	370	JENNIFER KIRK		1994	ALEXANDRIA
	TOTAL	850	SHANLESA BETHEA	119.2	2019	LEESVILLE
132 LB. CLASS	SQUAT	385	ALORA WALKER	129.9	2024	WEST MONROE
	BENCH	195	LEXI STEINMANN	128.2	2022	E. D. WHITE
	DEAD	380	ANGELLE MATT	132.1	2004	MENARD
	TOTAL	920	ALORA WALKER	129.9	2024	WEST MONROE
148 LB. CLASS	SQUAT	420	JONES, DIAMOND	146.2	2017	PINEVILLE
	BENCH	255	KASEE SKETOE	145.8	2023	WEST MONROE
	DEAD	415.0	BLAIR URSIN	147.1	2022	LUTCHER
	TOTAL	1025	KASEE SKETOE	145.8	2023	WEST MONROE
165 LB. CLASS	SQUAT	450	JAYDEN JACKSON	158.8	2023	ZACHARY
	BENCH	275	JAYDEN JACKSON	158.8	2023	ZACHARY
	DEAD	485	JAYDEN JACKSON	158.8	2023	ZACHARY
	TOTAL	1200	JAYDEN JACKSON	158.8	2023	ZACHARY
181 LB. CLASS	SQUAT	450	RAEGAN WILLIS	173.8	2017	CENTRAL
	BENCH	255	MIA GONZALES	172.4	2022	DUTCHTOWN
	DEAD	460	RAEGAN WILLIS	173.8	2017	CENTRAL
	TOTAL	1150	RAEGAN WILLIS	173.8	2017	CENTRAL
198 LB. CLASS	SQUAT	485	BRYLEE BATISTE	191.8	2024	ABBEVILLE
	BENCH	300	KAYLON DUNN	187.6	2018	PINEVILLE
	DEAD	505	RAEGAN WILLIS	182.2	2018	CENTRAL
	TOTAL	1205	RAEGAN WILLIS	182.2	2018	CENTRAL
220 LB. CLASS	SQUAT	460	KARMYN KING	217.4	2019	SLIDELL
	BENCH	300	JAYLA REAUX	219.3	2021	ABBEVILLE
	DEAD	445	HEATHER CALLEJAS	216.1	2015	COVINGTON
	TOTAL	1110	MIKAYLA FORSYTHE	217.0	2023	LUTCHER
SUPERHEAVYWEIGHT	SQUAT	600	POISSO, LILLIANA	298.7	2017	ALEXANDRIA
	BENCH	330	DAIGE LOVE	270.8	2024	LUTCHER
	DEAD	510	POISSO, LILLIANA	298.7	2017	ALEXANDRIA
	TOTAL	1365	POISSO, LILLIANA	298.7	2017	ALEXANDRIA