

LHSPLA GIRLS DIVISION II STATE RECORDS
(ESTABLISHED MARCH 2013)

As of 3/26/2024

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	250	Kailynn Barnett	95.3	2017	Ellender
	Bench	115	Kailynn Barnett	95.3	2017	Ellender
	Deadlift	275	Shelby Selby	96.0	2017	Tioga
	Total	620	Shelby Selby	96.0	2017	Tioga
105 lb class	Squat	320	Jayla Johnson	105.1	2024	Lutcher
	Bench	135	Erica Jones	102.7	2019	Tioga
	Deadlift	300	Shelby Selby	102.8	2018	Tioga
	Total	745	Jayla Johnson	104.5	2024	Lutcher
114 lb class	Squat	320	Quamecca Stafford	111.3	2019	Lutcher
	Bench	180	Quamecca Stafford	111.3	2019	Lutcher
	Deadlift	385	Quamecca Stafford	111.3	2019	Lutcher
	Total	885	Quamecca Stafford	111.3	2019	Lutcher
123 lb class	Squat	330	Shanlesa Bethea	119.2	2019	Leesville
	Bench	195	Shanlesa Bethea	119.2	2019	Leesville
	Deadlift	330	Brandi Lambert	123.1	2019	Lutcher
	Total	850	Shanlesa Bethea	119.2	2019	Leesville
132 lb class	Squat	355	Abigail Inzerella	127.0	2024	St. Thomas More
	Bench	205	Abigail Inzerella	127.0	2024	St. Thomas More
	Deadlift	345	Dominique Shelby	126.1	2018	Leesville
	Total	865	Abigail Inzerella	127.0	2024	St. Thomas More
148 lb class	Squat	375	Shyanne Naquin	142.5	2018	Lutcher
	Bench	240	Shyanne Naquin	142.5	2018	Lutcher
	Deadlift	415	Blair Ursin	145.4	2024	Lutcher
	Total	975	Shyanne Naquin	142.5	2018	Lutcher
165 lb class	Squat	385	Shay Naquin	150.6	2019	Lutcher
	Bench	225	Malaya Mitchell	153.8	2024	Lutcher
	Deadlift	405	Valerie Leblanc	164.4	2019	South Terrebonne
	Total	985	Shay Naquin	150.9	2019	Lutcher
181 lb class	Squat	405	Destiny Fowler	173.0	2018	Ellender
	Bench	215	Kayla Courteaux	173.1	2016	Ellender
	Deadlift	405	Tamiyah Hayward	173.2	2024	Tioga
	Total	905	Lanecia Nicholas	174.8	2019	Lutcher
198 lb class	Squat	420	Taylor Holiday	195.3	2016	Ellender
	Bench	225	Amyri Davis	187.6	2015	Lutcher
	Deadlift	450	China Storks	192.7	2013	Lutcher
	Total	1045	China Storks	192.7	2013	Lutcher
220 lb class	Squat	440	China Storks	218.4	2014	Lutcher
	Bench	305	Mikayla Forsythe	216.5	2024	Lutcher
	Deadlift	430	Mikayla Forsythe	216.5	2024	Lutcher
	Total	1160	Mikayla Forsythe	216.5	2024	Lutcher
SHW class	Squat	550	Daige Love	271.3	2024	Lutcher
	Bench	300	Daige Love	271.3	2024	Lutcher
	Deadlift	450	China Storks	236.6	2015	Lutcher
	Total	1300	Daige Love	271.3	2024	Lutcher