

LHSPLA GIRLS DIVISION V STATE RECORDS
(ESTABLISHED MARCH 2013)

As of 3/26/2024

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	240	Kaidynce Manuel	93.3	2019	St. Edmund
	Bench	105	Kaidynce Manuel	93.3	2019	St. Edmund
	Deadlift	245	Emma Grace Lazarus	96.2	2021	Calvary Baptist
	Total	575	Kaidynce Manuel	93.3	2019	St. Edmund
105 lb class	Squat	245	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
	Bench	130	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
	Deadlift	310	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
	Total	685	Adeline Launey	103.9	2023	Sacred Heart of Ville Platte
114 lb class	Squat	285	Adeline Launey	113.1	2024	Sacred Heart of Ville Platte
	Bench	155	Adeline Launey	113.1	2024	Sacred Heart of Ville Platte
	Deadlift	305	Emma Moore	114.5	2022	Cedar Creek
	Total	740	Adeline Launey	113.1	2024	Sacred Heart of Ville Platte
123 lb class	Squat	315	Emma Moore	120.8	2024	Cedar Creek
	Bench	190	Leneclaire Romero	119.4	2024	Vermillion Catholic
	Deadlift	335	Emma Moore	120.8	2024	Cedar Creek
	Total	835	Emma Moore	120.8	2024	Cedar Creek
132 lb class	Squat	315	Raievah Craddock	124.7	2024	Holden
	Bench	175	Peyton Muse	125.1	2023	Cedar Creek
	Deadlift	340	Peyton Muse	125.1	2023	Cedar Creek
	Total	830	Peyton Muse	125.1	2023	Cedar Creek
148 lb class	Squat	350	Ainsley Riley	141.8	2024	Cedar Creek
	Bench	215	Cheyenne Joffrion	140.3	2015	False River Academy
	Deadlift	340	Ainsley Riley	141.8	2024	Cedar Creek
	Total	895	Ainsley Riley	141.8	2024	Cedar Creek
165 lb class	Squat	390	Lauren Enterkin	162.7	2024	Cedar Creek
	Bench	235	Lauren Enterkin	162.7	2024	Cedar Creek
	Deadlift	350	Lauren Enterkin	162.7	2024	Delhi High School
	Total	975	Lauren Enterkin	162.7	2024	Cedar Creek
181 lb class	Squat	385	Ashlyn Bourn	179.1	2024	Cedar Creek
	Bench	205	Ashlyn Bourn	179.1	2024	Cedar Creek
	Deadlift	355	Ashlyn Bourn	174.3	2023	Cedar Creek
	Total	915	Ashlyn Bourn	179.1	2024	Cedar Creek
198 lb class	Squat	380	Tayler Guidry	196.6	2023	Gueydan
	Bench	195	Mary Woods	194.4	2021	Holden
	Deadlift	335	Kelsi Fanguy	193.8	2022	Vermillion Catholic
	Total	855	Kelsi Fanguy	193.8	2022	Vermillion Catholic
220 lb class	Squat	500	Dynesha Williams	215.8	2015	Delhi High School
	Bench	255	Tayler Guidry	215.4	2024	Gueydan
	Deadlift	370	Kayla Davis	216.0	2021	Holden
	Total	1050	Dynesha Williams	215.8	2015	Delhi High School
SHW class	Squat	475	Anaiah Johnson	299.1	2024	Castor
	Bench	220	Jaida Istre	225.9	2022	Vermillion Catholic
	Deadlift	405	Dynesha Williams	230.6	2014	Delhi High School
	Total	1020	Dynesha Williams	230.6	2014	Delhi High School