

LHSPLA Important Dates - 2024-2025

2024-2025 Dates	CALENDAR WEEK	ACTIVITY
Sunday, August 11, 2024 - Saturday, November 23, 2024	6th – 20th	Weight training/conditioning permitted. No practice/contests allowed
Sunday, November 24, 2024	21st	1st Practice (Current medical history/exam, athletic participation/parental permission, and substance misuse forms must be on file.)
Friday, December 6, 2024	22nd	LHSPLA Registration Forms/Fees Due All schools are ineligible to compete at ANY LHSPLA Meet until their school's LHSPLA Registration form has been received in good order, along with annual Registration Fee and verified via email by the LHSPLA Secretary.
Sunday, December 15, 2024	24th	1st Regular Season Meet (Eligibility must be filed online)
Monday, January 6, 2025	27th	Deadline for submitting GPAs online for seniors for All-Academic
Wednesday, February 12, 2025	32nd	Entries/Intent to Enter <u>GIRLS</u> Regional Meets - All Regions. LHSPLA/LHSAA Insurance Information/Meet Waivers and Entry Forms Due
Wednesday, February 19, 2025	33rd	Entries/Intent to Enter <u>BOYS</u> Regional Meets - All Regions. LHSPLA/LHSAA Insurance Information/Meet Waivers and Entry Forms Due
Saturday, February 22, 2025	33rd	Girls LHSPLA Regional Meets North – Ruston South – Covington East – St. Joseph's West – Lake Arthur Central - Pineville Bayou – TBD
Saturday, March 1, 2025	34th	Boys LHSPLA Regional Meets North – North Desoto South – Covington East – Catholic West – Sam Houston Central – Leesville Bayou – TBD
Tuesday, March 18, 2025	37th	Entries to State Meet Due
Wednesday, March 26, 2025	38th	State Meet - Pontchartrain Center, Kenner, La
Thursday, March 27, 2025	38th	State Meet - Pontchartrain Center, Kenner, La
Friday, March 28, 2025	38th	State Meet - Pontchartrain Center, Kenner, La
Saturday, March 29, 2025	38th	State Meet - Pontchartrain Center, Kenner, La
Sunday, March 30, 2025 - End of School	39th - 45th	Weight training/conditioning permitted. No practice/contests allowed.
Sunday, May 18, 2025	46th	Summer Rules Begin