



# 2025 Loranger Invitational

**Date:** 02/1/2025

**Site:** Loranger High School Gym  
19404 Hiatt Street  
Loranger, LA 70454

**Deadline:** Entry forms should be emailed to me by  
January 27, 2025.  
[garrett.schexnayder@tangischools.org](mailto:garrett.schexnayder@tangischools.org) (boys)

**All waiver and entry forms can be  
downloaded from the LHSPLA website.**

**Entry Fee:** \$25.00 for each lifter

Make all checks payable to **Loranger High School**

**Eligibility:** Any lifter, who meets the eligibility  
requirements set for by the LHSPLA in  
Article VIII of the constitution, are  
eligible to lift.

**LIFTING SUITS AND SINGLETs ARE NOT REQUIRED**

**Waivers:** All lifters participating in the Loranger Invitational must produce a signed waiver to be eligible to compete.

**Uniform:** The LHSPLA uniform rule, Section III, Rule 1 a-d, will be waived for all lifters.

**Admission:** Adults: \$10.00 (Children under school age get in free)  
LHS is a cashless campus, a QR code will be provided for admission into the meet.

**Awards:** Medals for 1st-3rd place finishers in each weight class.

**Concession:** No outside food or drink allowed



# **2025 Loranger Invitational**

## **Schedule of Events**

**WEIGH-INS WILL BE HELD SATURDAY MORNING PRIOR TO LIFTING. EACH TEAM MUST WEIGH IN AT LHS BEFORE LIFTING IN OUR MEET. EACH COACH WILL BE RESPONSIBLE FOR EITHER EMAILING THEIR TEAMS OPENERS TO GARRETT SCHEXNAYDER BY MONDAY, JANUARY 28TH SO THE BODY WEIGHT AND OPENER INFORMATION CAN BE PUT IN LIFTINGCAST.**

### **MEET SCHEDULE (BOYS'/GIRLS)**

#### **SATURDAY, FEBRUARY 1, 2025**

CHECK-IN/WEIGH-INS	6:30 - 8:00 A. M.
COACHES MEETING	8:00 - 8:30 A. M.
OFFICIAL'S MEETING	8:00 - 8:30 A. M.
WARM-UP	8:10 - 8:45 A.M.
REPORT TO PLATFORMS FOR RULES BRIEFING	8:45 A. M.
LIFTING STARTS	9:00 A. M.