

EAST REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

3/2/2024

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	235	Katelyn Reed	92.2	2024	Woodlawn
	BENCH	125	Jilliam Bates	96.1	2010	Runnels
	DEAD	285	Katelyn Reed	92.2	2024	Woodlawn
	TOTAL	630	Katelyn Reed	92.2	2024	Woodlawn
105 LB. CLASS	SQUAT	270	Madison McCullough	104.9	2023	Parkview Baptist
	BENCH	135	Claire Cori Ellis	102.4	2023	St. Joseph Academy
	DEAD	305	Krystel Amo	104.2	2024	Woodlawn
	TOTAL	670	Quamecca STafford	104.2	2017	Lutcher
114 LB. CLASS	SQUAT	300	Jadyn Barner	111.0	2024	Woodlawn
	BENCH	150	Lauryn Bowman	111.6	2019	Denham Springs
	DEAD	330	Brittany Johnson	112.3	2012	Central
	TOTAL	760	Jadyn Barner	111.0	2024	Woodlawn
123 LB. CLASS	SQUAT	310	Ciera Brown	120.3	2023	Port Allen
	BENCH	170	Victoria Durost	121.0	2023	Denham Springs
	DEAD	325	Alex Dumas	122.1	2016	Episcopal
	TOTAL	770	Victoria Durost	121.0	2023	Denham Springs
132 LB. CLASS	SQUAT	325	Jaylynn Netter	127.3	2022	Port Allen
	BENCH	180	Shyanne Naquin	131.7	2016	Lutcher
	DEAD	360	Cydney Tucker	130.1	2024	Baton Rouge Magnet
	TOTAL	805	Jaylynn Netter	127.3	2022	Port Allen
148 LB. CLASS	SQUAT	370	Jaylynn Netter	137.6	2023	Port Allen
	BENCH	220	Shyanne Naquin	138.9	2017	Lutcher
	DEAD	360	Jaylynn Netter	137.6	2023	Port Allen
	TOTAL	910	Jaylynn Netter	137.6	2023	Port Allen
165 LB. CLASS	SQUAT	445	Jayden Jackson	161.1	2023	Zachary
	BENCH	270	Jayden Jackson	161.1	2023	Zachary
	DEAD	485	Jayden Jackson	161.1	2023	Zachary
	TOTAL	1200	Jayden Jackson	161.1	2023	Zachary
181 LB. CLASS	SQUAT	440	Raegan Willis	173.8	2017	Central
	BENCH	250	Raegan Willis	173.8	2017	Central
	DEAD	460	Raegan Willis	173.8	2017	Central
	TOTAL	1150	Raegan Willis	173.8	2017	Central
198 LB. CLASS	SQUAT	450	Raegan Willis	182.2	2018	Central
	BENCH	250	Raegan Willis	182.2	2018	Central
	DEAD	505	Raegan Willis	182.2	2018	Central
	TOTAL	1205	Raegan Willis	182.2	2018	Central
220 LB. CLASS	SQUAT	405	Raygan Bosco	216.6	2021	Denham Springs
	BENCH	240	Mary Woods	213.4	2023	Holden
	DEAD	405	Nyjala Williams	217.4	2018	Port Allen
	TOTAL	985	Nyjala Williams	217.4	2018	Port Allen
SHW CLASS	SQUAT	450	Brittney Wilson	235.7	2013	Port Allen
	BENCH	290	Kayla Chauvin	271.3	2011	Port Allen
	DEAD	400	Alexis Wascom	273.8	2012	Central
	TOTAL	1020	Breanna Gurzynski	309.6	2015	Walker