

BAYOU REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

3/5/2025

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	225	Macy Fanguy	97.0	2018	Ellender
	BENCH	115	Gracie Neil	93.1	2022	South Terrebonne
	DEAD	210	Macy Fanguy	97.0	2018	Ellender
	TOTAL	530	Macy Fanguy	97.0	2018	Ellender
105 LB. CLASS	SQUAT	310	Jayla Johnson	104.7	2024	Lutcher
	BENCH	160	Sadie Crochet	104.8	2023	Assumption
	DEAD	300	Jayla Johnson	105.5	2023	Lutcher
	TOTAL	725	Jayla Johnson	104.7	2024	Lutcher
114. LB. CLASS	SQUAT	350	Quamecca Stafford	114.4	2021	Lutcher
	BENCH	200	Quamecca Stafford	114.4	2021	Lutcher
	DEAD	405	Quamecca Stafford	114.4	2021	Lutcher
	TOTAL	955	Quamecca Stafford	114.4	2021	Lutcher
123 LB. CLASS	SQUAT	315	Ciera Brown	118.7	2024	Port Allen
	BENCH	170	Reagan Martin	121.3	2022	Lutcher
	DEAD	330	Hannah Costa	117.6	2025	Destrehan
	TOTAL	755	Brandi Lambert	123.4	2019	Lutcher
132 LB. CLASS	SQUAT	340	Lexi Simon	129.2	2024	Lutcher
	BENCH	190	Lexi Simon	129.2	2024	Lutcher
	DEAD	335	Debbie Baudoin	128.4	2023	HL Bourgeois
	TOTAL	830	Alexis Laiche	128.9	2020	Lutcher
148 LB. CLASS	SQUAT	390	Jaylynn Netter	137.7	2024	Port Allen
	BENCH	230	Shyanne Naquin		2018	Lutcher
	DEAD	405	Jaylynn Netter	137.7	2024	Port Allen
	TOTAL	975	Jaylynn Netter	137.7	2024	Port Allen
165 LB. CLASS	SQUAT	425	Shay Naquin	161.4	2021	Lutcher
	BENCH	270	Shay Naquin	161.4	2021	Lutcher
	DEAD	415	Shay Naquin	161.4	2021	Lutcher
	TOTAL	1110	Shay Naquin	161.4	2021	Lutcher
181 LB. CLASS	SQUAT	410	Destiny Fowler	174.5	2018	Ellender
	BENCH	240	Mia Gonzales	168.0	2022	Dutchtown
	DEAD	405	Emma Carona	180.5	2025	Dutchtown
	TOTAL	975	Mia Gonzales	168.0	2022	Dutchtown
198 LB. CLASS	SQUAT	380	Melanie Louque	191.7	2020	Lutcher
	BENCH	245	Mikayla Forsythe	191.8	2022	Lutcher
	DEAD	370	Mikayla Forsythe	191.8	2022	Lutcher
	TOTAL	980	Mikayla Forsythe	191.8	2022	Lutcher
220 LB. CLASS	SQUAT	415	Mikayla Forsythe	216.6	2024	Lutcher
	BENCH	290	Mikayla Forsythe	216.6	2024	Lutcher
	DEAD	415	Mikayla Forsythe	214.7	2023	Lutcher
	TOTAL	1110	Mikayla Forsythe	216.6	2024	Lutcher
SHW CLASS	SQUAT	535	Daige Love	270.8	2024	Lutcher
	BENCH	330	Daige Love	270.8	2024	Lutcher
	DEAD	440	Zahyra Hayes	314.1	2025	Lutcher
	TOTAL	1300	Daige Love	270.8	2024	Lutcher