

CENTRAL REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: BOYS

3/5/2025

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
114 LB. CLASS	SQUAT	405	Lawrence Irchirl	114.2	2017	Natchitoches
	BENCH	220	Lawrence Irchirl	114.2	2017	Natchitoches
	DEAD	435	Lawrence Irchirl	114.2	2017	Natchitoches
	TOTAL	1060	Lawrence Irchirl	114.2	2017	Natchitoches
123 LB. CLASS	SQUAT	505	Terrance Phillips	122.6	2016	Alexandria
	BENCH	230	Terrance Phillips	122.6	2016	Alexandria
	DEAD	460	Terrance Phillips	122.6	2016	Alexandria
	TOTAL	1195	Terrance Phillips	122.6	2016	Alexandria
132 LB. CLASS	SQUAT	540	Hunter Hicks	131.9	2016	Alexandria
	BENCH	260	Will O'Neal	132.2	2020	Pineville
	DEAD	485	William Johnson, Jr.	130.5	2025	Natchitoches Central
	TOTAL	1250	Hunter Hicks	134.9	2016	Alexandria
148 LB. CLASS	SQUAT	530	Nathan Lovemore	144.9	2024	Natchitoches Central
	BENCH	355	Nathan Lovemore	144.9	2024	Natchitoches Central
	DEAD	525	Nathan Lovemore	143.0	2023	Natchitoches Central
	TOTAL	1395	Nathan Lovemore	144.9	2024	Natchitoches Central
165 LB. CLASS	SQUAT	590	London Williams	163.7	2022	Many
	BENCH	385	Trenton Rizzo	160.0	2021	Buckeye
	DEAD	610	London Williams	163.7	2022	Many
	TOTAL	1485	London Williams	163.7	2022	Many
181 LB. CLASS	SQUAT	585	Spencer Nichols	180.0	2024	Pineville
	BENCH	370	Spencer Nichols	180.0	2024	Pineville
	DEAD	600	Alex Adams	174.8	2022	Winnfield
	TOTAL	1470	Spencer Nichols	180.0	2024	Pineville
198 LB. CLASS	SQUAT	600	William Lewis	182.8	2016	Alexandria
	BENCH	380	Dusty Russell	194.8	2025	Pineville
	DEAD	620	Travon Nichols	189.6	2022	Winnfield
	TOTAL	1485	Jordan Gaston	192.6	2019	Peabody
220 LB. CLASS	SQUAT	650	James Curtland	201.3	2018	Tioga
	BENCH	380	Cameron Kinder	216.2	2021	Holy Savior Menard
	DEAD	615	Kee'Von Hines	207.3	2019	Alexandria
	TOTAL	1570	Kee'Von Hines	207.3	2019	Alexandria
242 LB. CLASS	SQUAT	615	Jonathan Roman	240.3	2022	Tioga
	BENCH	450	Mitchell LeBlanc	236.5	2022	Buckeye
	DEAD	660	Xavier Williams	224.6	2019	Alexandria
	TOTAL	1565	Xavier Williams	224.6	2019	Alexandria
275 LB. CLASS	SQUAT	700	Dailyn Tatum	252.7	2025	Pineville
	BENCH	405	Tre'veon Moses	271.4	2024	Natchitoches Central
	DEAD	585	Dailyn Tatum	252.7	2025	Pineville
	TOTAL	1610	Dailyn Tatum	252.7	2025	Pineville
SHW	SQUAT	705	Jacobian Guillory	337.8	2020	Alexandria
	BENCH	415	Aaron Dotson	299.8	2021	Tioga
	DEAD	605	Jacobian Guillory	330.7	2019	Alexandria
	TOTAL	1720	Jacobian Guillory	330.7	2019	Alexandria