

SOUTH REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: BOYS

3/5/2025

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
114. LB. CLASS	SQUAT	450	Trai Chatman	113.8	2018	Covington
	BENCH	335	Trai Chatman	113.8	2018	Covington
	DEAD	500	Billy Naquin	113.0	2008	Ellender
	TOTAL	1225	Trai Chatman	113.8	2018	Covington
123 LB. CLASS	SQUAT	465	Stafford Agee	120.8	2021	Holy Cross
	BENCH	280	Stafford Agee	120.8	2021	Holy Cross
	DEAD	500	JT Sylvera	123.0	2024	Covington
	TOTAL	1210	Stafford Agee	120.8	2021	Holy Cross
132 LB. CLASS	SQUAT	500	Joshua Kellum	131.4	2020	St. Paul's
	BENCH	305	Zac Rambeau	130	2022	Brother Martin
	DEAD	575	JT Sylvera	131.2	2025	Covington
	TOTAL	1330	JT Sylvera	131.2	2025	Covington
148 LB. CLASS	SQUAT	545	Brett Falco	147.5	2025	Covington
	BENCH	355	Brady Becker	145.0	2020	Pope John Paul II
	DEAD	535	Shawn Warren	148.1	2016	Covington
	TOTAL	1390	Brett Falco	147.5	2025	Covington
165 LB. CLASS	SQUAT	580	Bice Jackson	163.5	2025	Northshore
	BENCH	410	Zac Rambeau	152.4	2023	Brother Martin
	DEAD	570	Kobe Jenkins	158.8	2022	Fontainebleau
	TOTAL	1450	Bice Jackson	163.5	2025	Northshore
181 LB. CLASS	SQUAT	675	Tyran Garrett	181.3	2016	Covington
	BENCH	420	Tommy Anello	179.2	2018	Covington
	DEAD	630	Alex Davis	177.7	2019	Holy Cross
	TOTAL	1650	Tyran Garrett	181.3	2016	Covington
198 LB. CLASS	SQUAT	705	William Reed	194.6	2018	Archbishop Rummel
	BENCH	435	Shelton Jenkins	193.3	2022	Franklinton
	DEAD	670	Josh Bickham	188.7	2014	Covington
	TOTAL	1725	William Reed	194.6	2018	Archbishop Rummel
220 LB. CLASS	SQUAT	690	Chase Lawton	214.1	2023	Covington
	BENCH	450	Josh Bickham	199.0	2015	Covington
	DEAD	700	Josh Bickham	199.0	2015	Covington
	TOTAL	1800	Josh Bickham	199.0	2015	Covington
242 LB. CLASS	SQUAT	780	Dylon Cook	233.6	2016	Northlake Christian
	BENCH	555	Chandler Loescher	240.0	2023	St. Paul's
	DEAD	655	John Rushing	235.7	2017	St. Paul's
	TOTAL	1805	John Rushing	235.7	2017	St. Paul's
275 LB. CLASS	SQUAT	700	Bradlee Jones	265.1	2023	Archbishop Rummel
	BENCH	470	Andrew Johnson	262.5	2016	Chalmette
	DEAD	650	Travis Clark		2001	Slidell
	TOTAL	1715	Bradlee Jones	265.1	2023	Archbishop Rummel
SUPERHEAVYWEIGHT	SQUAT	825	Dwayne Coleman	442.0	2024	Salmen
	BENCH	475	Dwayne Coleman	442.0	2024	Salmen
	DEAD	700	Dwayne Coleman	442.0	2024	Salmen
	TOTAL	2000	Dwayne Coleman	442.0	2024	Salmen