

## Loading Chart

Using 45s  
(no 35s)

Negligible collar weight

45	collar	255	(2)45+10+5
50	2.5	260	(2)45+10+5+2.5
55	5	265	(2)45+(2)10
60	5+2.5	270	(2)45+(2)10+2.5
65	10	275	(2)45+25
70	10+2.5	280	(2)45+25+2.5
75	10+5	285	(2)45+25+5
80	10+5+2.5	290	(2)45+25+5+2.5
85	(2)10	295	(2)45+25+10
90	(2)10+2.5	300	(2)45+25+10+2.5
95	25	305	(2)45+25+10+5
100	25+2.5	310	(2)45+25+10+5+2.5
105	25+5	315	(3)45
110	25+5+2.5	320	(3)45+2.5
115	25+10	325	(3)45+5
120	25+10+2.5	330	(3)45+5+2.5
125	25+10+5	335	(3)45+10
130	25+10+5+2.5	340	(3)45+10+2.5
135	45	345	(3)45+10+5
140	45+2.5	350	(3)45+10+5+2.5
145	45+5	355	(3)45+(2)10
150	45+5+2.5	360	(3)45+(2)10+2.5
155	45+10	365	(3)45+25
160	45+10+2.5	370	(3)45+25+2.5
165	45+10+5	375	(3)45+25+5
170	45+10+5+2.5	380	(3)45+25+5+2.5
175	45+(2)10	385	(3)45+25+10
180	45+(2)10+2.5	390	(3)45+25+10+2.5
185	45+25	395	(3)45+25+10+5
190	45+25+2.5	400	(3)45+25+10+5+2.5
195	45+25+5	405	(4)45
200	45+25+5+2.5	410	(4)45+2.5
205	45+25+10	415	(4)45+5
210	45+25+10+2.5	420	(4)45+5+2.5
215	45+25+10+5	425	(4)45+10
220	45+25+10+5+2.5	430	(4)45+10+2.5
225	(2)45	435	(4)45+10+5
230	(2)45+2.5	440	(4)45+10+5+2.5
235	(2)45+5	445	(4)45+(2)10
240	(2)45+5+2.5	450	(4)45+(2)10+2.5
245	(2)45+10	455	(4)45+25
250	(2)45+10+2.5	460	(4)45+25+2.5