

LHSPLA BOYS DIVISION I STATE RECORDS
(ESTABLISHED MARCH 2013)

As of 3/17/2019

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
114 lb class	Squat	475	Trai Chatman	114.3	2018	Covington
	Bench	345	Trai Chatman	114.3	2018	Covington
	Deadlift	450	Trai Chatman	114.3	2018	Covington
	Total	1270	Trai Chatman	114.3	2018	Covington
123 lb class	Squat	460	Terrance Phillips	123.5	2016	Alexandria
	Bench	260	Jonathan Vidrine	122.2	2019	Covington
	Deadlift	445	Montel Smith	120.9	2016	Slidell
	Total	1130	Terrance Phillips	123.5	2016	Alexandria
132 lb class	Squat	520	Hunter Hicks	132.1	2016	Alexandria
	Bench	300	Logan Pennington	131.4	2019	Covington
	Deadlift	555	Ahmad Coleman	131.8	2019	Holy Cross
	Total	1265	Ahmad Coleman	131.8	2019	Holy Cross
148 lb class	Squat	565	Lushawn Ware	142.0	2015	West Monroe
	Bench	340	Lushawn Ware	142.0	2015	West Monroe
	Deadlift	550	Jakob Gibbs	146.3	2016	Northshore
	Total	1435	Lushawn Ware	142.0	2015	West Monroe
165 lb class	Squat	605	Warner Moore	164.9	2015	St. Pauls
	Bench	385	Jesse Strecker	160.9	2014	Northshore
	Deadlift	565	Rodney Robinson	160.8	2019	Natchitoches Central
	Total	1430	Warner Moore	164.9	2015	St. Pauls
181 lb class	Squat	750	Christian Dunn	180.8	2017	West Monroe
	Bench	440	Tommy Anello	180.1	2018	Covington
	Deadlift	625	Christian Dunn	180.8	2017	West Monroe
	Total	1810	Christian Dunn	180.8	2017	West Monroe
198 lb class	Squat	660	Josh Bickham	194.3	2014	Covington
	Bench	430	Kodi Dangerfield	196.8	2017	Slidell
	Deadlift	730	Hayden Willis	196.3	2019	Dutchtown
	Total	1780	Josh Bickham	194.3	2014	Covington
220 lb class	Squat	665	Tyler Kinder	204.4	2014	Alexandria
	Bench	455	Josh Bickham	220.3	2015	Covington
	Deadlift	715	Josh Bickham	220.3	2015	Covington
	Total	1805	Josh Bickham	220.3	2015	Covington
242 lb class	Squat	675	Jon Rushing	230.9	2017	St. Paul's
	Bench	460	Daniel Holden	231.8	2013	Covington
	Deadlift	665	Xavier Williams	224.7	2019	Alexandria
	Total	1660	Jon Rushing	230.9	2017	St. Paul's
275 lb class	Squat	735	David Verzwylvelt	267.0	2015	Alexandria
	Bench	480	Blasé Courville	267.1	2014	Central
	Deadlift	665	Dylan Erickson	273.0	2016	Northshore
	Total	1750	David Verzwylvelt	267.0	2015	Alexandria
SHW class	Squat	775	Andrelyon Lee	282.9	2013	Walker
	Bench	500	Matt Harper	298.0	2014	Parkway
	Deadlift	645	Jacobian Guillory	327.8	2019	Alexandria
	Total	1800	Matt Harper	298.0	2014	Parkway