

**LHSPLA GIRLS DIVISION I STATE RECORDS
(ESTABLISHED MARCH 2013)**

3/29/2021

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb. class	Squat	300	Jelynn Cheatham	95.1	2019	Slidell
	Bench	145	Jelynn Cheatham	95.1	2019	Slidell
	Deadlift	300	Ashley Mitchell	93.8	2015	Alexandria
	Total	745	Jelynn Cheatham	95.1	2019	Slidell
105 lb class	Squat	305	Ashley Mitchell	97.8	2016	Alexandria
	Bench	165	Ashley Mitchell	97.8	2016	Alexandria
	Deadlift	320	Xarcaria Clark	103.1	2019	Pineville
	Total	785	Ashley Mitchell	97.8	2016	Alexandria
114 lb class	Squat	325	Adriana Wilson	114.0	2017	Alexandria
	Bench	175	Dontoria Butler	113.7	2016	Alexandria
	Deadlift	330	Jaylan Bickham	107.4	2021	Slidell
	Total	815	Dontoria Butler	113.7	2016	Alexandria
123 lb class	Squat	325	Kara Johnson	121.1	2017	Pineville
	Bench	190	Gina Catalanotto	123.2	2017	Covington
	Deadlift	340	Kennedy Madison	118.0	2017	Alexandria
	Total	800	Kennedy Madison	119.0	2018	Alexandria
132 lb class	Squat	350	Alyzza Stann	130.5	2018	Covington
	Bench	190	Alyzza Stann	130.5	2018	Covington
	Deadlift	365	Taryn Antoine	131.5	2014	Alexandria
	Total	870	Alyzza Stann	130.5	2018	Covington
148 lb class	Squat	420	Diamond Jones	146.2	2017	Pineville
	Bench	205	Alyzza Stann	144.2	2019	Covington
	Deadlift	405	Diamond Jones	146.2	2017	Pineville
	Total	1010	Diamond Jones	146.2	2017	Pineville
165 lb class	Squat	415	Diamond Jones	152.5	2018	Pineville
	Bench	250	Jaydan Jackson	158.5	2021	Zachary
	Deadlift	430	Raegan Willis	151.3	2015	Central
	Total	1040	Diamond Jones	152.5	2018	Pineville
181 lb class	Squat	445	Raegan Willis	170.4	2017	Central
	Bench	230	Raegan Willis	170.4	2017	Central
	Deadlift	465	Raegan Willis	170.4	2017	Central
	Total	1140	Raegan Willis	170.4	2017	Central
198 lb class	Squat	440	Raegan Willis	183.0	2018	Central
	Bench	300	Kaylan Dunn	187.6	2018	Pineville
	Deadlift	475	Raegan Willis	183.0	2018	Central
	Total	1200	Raegan Willis	183.0	2018	Central
220 lb class	Squat	450	Serenity Legardy	210.2	2016	Natchitoches Central
	Bench	225	Meaghyn Hawkins	215.6	2018	Slidell
	Deadlift	445	Heather Callejas	216.1	2015	Covington
	Total	1095	Karmyn King	215.2	2019	Slidell
SHW class	Squat	570	Lilliano Poisso	298.7	2017	Alexandria
	Bench	285	Lilliano Poisso	298.7	2017	Alexandria
	Deadlift	510	Lilliano Poisso	298.7	2017	Alexandria
	Total	1365	Lilliano Poisso	298.7	2017	Alexandria