

LHSPLA BOYS DIVISION III STATE RECORDS
(ESTABLISHED MARCH 2013)

3/17/2019

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
114 lb class	Squat	365	Kyle Ryder	112.60	2018	Erath
	Bench	230	Kyle Ryder	112.60	2018	Erath
	Deadlift	385	Kyle Ryder	112.60	2018	Erath
	Total	980	Kyle Ryder	112.60	2018	Erath
123 lb class	Squat	485	Chuck Shuford	123.40	2019	Abbeville
	Bench	300	Chuck Shuford	123.40	2019	Abbeville
	Deadlift	515	Chuck Shuford	123.40	2019	Abbeville
	Total	1300	Chuck Shuford	123.40	2019	Abbeville
132 lb class	Squat	465	Jose Pedroza	131.20	2015	Abbeville
	Bench	255	Jeremy Hebert	131.40	2018	Iota
	Deadlift	440	Timori Shipley	131.00	2018	Abbeville
	Total	1155	Jose Pedroza	131.20	2015	Abbeville
148 lb class	Squat	500	Devynn Armstead	143.00	2015	Franklin
	Bench	325	Leon Boudreaux	148.20	2015	Port Barre
	Deadlift	510	Devynn Armstead	143.00	2015	Franklin
	Total	1280	Devynn Armstead	143.00	2015	Franklin
165 lb class	Squat	575	James Lofton	162.60	2016	Buckeye
	Bench	400	Dante Citizen	160.90	2018	Abbeville
	Deadlift	545	Dante Citizen	160.90	2018	Abbeville
	Total	1495	Dante Citizen	160.90	2018	Abbeville
181 lb class	Squat	540	Jarred Singleton	174.90	2018	Union
	Bench	375	Dylan Montgomery	179.70	2018	Iota
	Deadlift	580	Jarred Singleton	172.80	2019	Union
	Total	1445	Jarred Singleton	174.90	2018	Union
198 lb class	Squat	630	Jordan Gaston	196.60	2019	Peabody
	Bench	375	Dontarius Buggs	194.20	2016	Union Parish
	Deadlift	575	Ronnie Smith	182.40	2014	Union Parish
	Total	1530	Jordan Gaston	196.60	2019	Peabody
220 lb class	Squat	650	Charles Ellis	206.70	2017	Wossman
	Bench	375	Jarrette Fontenot	219.00	2014	Iota
	Deadlift	615	Deivone Reed	212.70	2018	Richwood
	Total	1570	Charles Ellis	206.70	2017	Wossman
242 lb class	Squat	680	Jacob Fonenot	230.00	2014	Church Point
	Bench	480	Kane Bergeron	235.50	2018	Church Point
	Deadlift	635	Jonathon Crawford	234.20	2017	Buckeye
	Total	1700	Kane Bergeron	235.50	2018	Church Point
275 lb class	Squat	650	Tyler Holloway	269.60	2016	Union Parish
	Bench	545	Cody Kennedy	271.20	2013	Farmerville
	Deadlift	620	Brady Dearman	270.30	2014	Jena
	Total	1655	Tyler Holloway	269.60	2016	Union Parish
SHW class	Squat	730	Rayland Coleman	337.10	2019	Wossman
	Bench	490	Cazavion Joiner	345.00	2014	Union Parish
	Deadlift	585	Jacob Rush	342.80	2014	Buckeye
	Total	1715	Cazavion Joiner	345.00	2014	Union Parish