

**LHSPLA GIRLS DIVISION III STATE RECORDS
(ESTABLISHED MARCH 2013)**

3/17/2019

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	280	Blayna Parfait	96.00	2017	North Vermillion
	Bench	120	Blayna Parfait	96.00	2017	North Vermillion
	Deadlift	280	Quenisha Hillard	96.60	2018	Peabody
	Total	660	Blayna Parfait	96.00	2017	North Vermillion
105 lb class	Squat	255	Quamecca Stafford	104.90	2017	Lutcher
	Bench	145	Quamecca Stafford	104.90	2017	Lutcher
	Deadlift	315	Quamecca Stafford	104.90	2017	Lutcher
	Total	715	Quamecca Stafford	104.90	2017	Lutcher
114 lb class	Squat	285	Sadie Zaunbrecher	113.30	2018	Iota
	Bench	135	Taylor Douglas	113.20	2018	Wossman
	Deadlift	285	Destiney Desselle	112.60	2017	Buckeye
	Total	700	Sadie Zaunbrecher	113.30	2018	Iota
123 lb class	Squat	335	Chasity Jones	123.50	2019	Peabody
	Bench	190	Makayla Jones	123.30	2019	Abbeville
	Deadlift	330	Chasity Jones	123.50	2019	Peabody
	Total	780	Chasity Jones	123.50	2019	Peabody
132 lb class	Squat	350	Alexis Venson	130.40	2018	Peabody
	Bench	180	Makayla Jones	129.60	2018	Abbeville
	Deadlift	345	Brytanye Erwin	129.30	2015	Jena
	Total	815	Brytanye Erwin	129.30	2015	Jena
148 lb class	Squat	385	Alexis Venson	142.10	2019	Peabody
	Bench	220	Shyanne Naquin	139.40	2017	Lutcher
	Deadlift	365	Brittanye Erwin	142.70	2014	Jena
	Total	920	Shyanne Naquin	139.40	2017	Lutcher
165 lb class	Squat	350	Holly Necaise	151.7	2018	North Vermillion
	Bench	185	Holly Necaise	151.7	2018	North Vermillion
	Deadlift	385	Brenda Nute	163.30	2018	Wossman
	Total	855	Bivona Page	157.9	2017	Lutcher
181 lb class	Squat	380	Demetria Vincent	167.60	2018	Peabody
	Bench	195	Hannah Barnett	177.80	2019	Abbeville
	Deadlift	400	Demetria Vincent	167.60	2018	Peabody
	Total	955	Demetria Vincent	167.60	2018	Peabody
198 lb class	Squat	420	Taiana Caldwell	195.00	2019	Peabody
	Bench	185	Taiana Caldwell	195.00	2019	Peabody
	Deadlift	365	Kayelea Dearmon	198.00	2017	Jena
	Total	935	Taiana Caldwell	195.00	2019	Peabody
220 lb class	Squat	425	Macy Lambert	217.60	2017	Lutcher
	Bench	225	Jayla Reaux	200.70	2019	Abbeville
	Deadlift	365	Nijala Williams	214.00	2017	Port Allen
	Total	980	Macy Lambert	217.60	2017	Lutcher
SHW class	Squat	500	Samauria Brooks	253.40	2018	Peabody
	Bench	275	Lainey Trahan	250.80	2019	Abbeville
	Deadlift	425	Sumauria Brooks	258.90	2019	Peabody
	Total	1130	Samauria Brooks	253.40	2018	Peabody