

**LHSPLA DIVISION IV GIRLS STATE RECORDS
(ESTABLISHED MARCH 2013)**

3/17/2019

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	210	Allie Lazarus	91.80	2019	Calvary Baptist
	Bench	105	Adrienne Ortego	94.00	2016	Bunkie
	Deadlift	220	Allie Lazarus	91.80	2019	Calvary Baptist
	Total	515	Allie Lazarus	91.80	2019	Calvary Baptist
105 lb class	Squat	290	Blaike-Lee Ordes	104.60	2016	Pope John Paul
	Bench	155	Blaike-Lee Ordes	104.60	2016	Pope John Paul
	Deadlift	270	Blaike-Lee Ordes	104.60	2016	Pope John Paul
	Total	715	Blaike-Lee Ordes	104.60	2016	Pope John Paul
114 lb class	Squat	300	Kailey Brookshire	112.40	2019	Calvary Baptist
	Bench	180	Kailey Brookshire	112.40	2019	Calvary Baptist
	Deadlift	315	Kailey Brookshire	112.40	2019	Calvary Baptist
	Total	795	Kailey Brookshire	112.40	2019	Calvary Baptist
123 lb class	Squat	335	Madi Wolf	118.20	2015	Archbishop Hannan
	Bench	165	Sydney Ganey	119.70	2016	Sterlington
	Deadlift	325	Madi Wolf	119.50	2014	Archbishop Hannan
	Total	810	Madi Wolf	118.20	2015	Archbishop Hannan
132 lb class	Squat	300	Tiara Jones	129.90	2019	Port Allen
	Bench	145	Morgan Maples	125.60	2015	Pope John Paul
	Deadlift	345	Sarah Branton	132.30	2016	Holy Savior Menard
	Total	740	Sarah Branton	132.30	2016	Holy Savior Menard
148 lb class	Squat	315	Kaitlyn Hearty	142.50	2016	Northlake Christian
	Bench	165	Kaylin Little	142.10	2019	Calvary Baptist
	Deadlift	325	Sawyer Ryder	147.80	2016	Holy Savior Menard
	Total	785	Kaitlyn Hearty	142.50	2016	Northlake Christian
165 lb class	Squat	390	Dominique Bourgeois	163.50	2015	Pope John Paul
	Bench	175	Dominique Bourgeois	163.50	2015	Pope John Paul
	Deadlift	365	Morgan Dynes	162.50	2016	Episcopal
	Total	905	Dominique Bourgeois	163.50	2015	Pope John Paul
181 lb class	Squat	350	Dominique Bourgeois	175.50	2014	Pope John Paul
	Bench	185	Rebekah Bass	171.40	2018	Saint Thomas Aquinas
	Deadlift	335	Jamie Messa	166.70	2017	Pope John Paul
	Total	835	Dominique Bourgeois	179.70	2013	Pope John Paul
198 lb class	Squat	315	Madelyn Williams	194.80	2018	Port Allen
	Bench	165	Lauren Demers	197.20	2014	Pope John Paul
	Deadlift	325	Emily Nichol	190.90	2019	Port Allen
	Total	765	Madelyn Williams	194.80	2018	Port Allen
220 lb class	Squat	405	Nyjala Williams	220.30	2018	Port Allen
	Bench	205	Nyjala Williams	220.30	2018	Port Allen
	Deadlift	405	Nyjala Williams	220.30	2018	Port Allen
	Total	1015	Nyjala Williams	220.30	2018	Port Allen
SHW class	Squat	375	Sarah Elee	234.40	2016	Sterlington
	Bench	205	Rickia Lenoir	250.60	2019	Port Allen
	Deadlift	340	Madison Feazell	230.20	2017	Holy Savior Menard
	Total	905	Rickia Lenoir	253.30	2018	Port Allen