

**LHSPLA DIVISION IV GIRLS STATE RECORDS
(ESTABLISHED MARCH 2013)**

3/29/21

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	210	Allie Lazarus	91.80	2019	Calvary Baptist
	Bench	105	Adrienne Ortego	94.00	2016	Bunkie
	Deadlift	220	Allie Lazarus	91.80	2019	Calvary Baptist
	Total	515	Allie Lazarus	91.80	2019	Calvary Baptist
105 lb class	Squat	290	Blaike-Lee Ordes	104.60	2016	Pope John Paul
	Bench	155	Blaike-Lee Ordes	104.60	2016	Pope John Paul
	Deadlift	270	Blaike-Lee Ordes	104.60	2016	Pope John Paul
	Total	715	Blaike-Lee Ordes	104.60	2016	Pope John Paul
114 lb class	Squat	300	Kailey Brookshire	112.40	2019	Calvary Baptist
	Bench	180	Kailey Brookshire	112.40	2019	Calvary Baptist
	Deadlift	315	Kailey Brookshire	112.40	2019	Calvary Baptist
	Total	795	Kailey Brookshire	112.40	2019	Calvary Baptist
123 lb class	Squat	335	Madi Wolf	118.20	2015	Archbishop Hannan
	Bench	200	Savannah Burke	122.70	2021	Northlake Christian
	Deadlift	325	Madi Wolf	119.50	2014	Archbishop Hannan
	Total	810	Madi Wolf	118.20	2015	Archbishop Hannan
132 lb class	Squat	300	Tiara Jones	129.90	2019	Port Allen
	Bench	160	Sophie Cramond	128.60	2021	Northlake Christian
	Deadlift	345	Sarah Branton	132.30	2016	Holy Savior Menard
	Total	740	Jaylynn Netter	124.70	2021	Port Allen
148 lb class	Squat	315	Kaitlyn Hearty	142.50	2016	Northlake Christian
	Bench	170	Gracie Ransonet	141.80	2021	Loreauville
	Deadlift	355	Gracie Ransonet	141.80	2021	Loreauville
	Total	820	Gracie Ransonet	141.80	2021	Loreauville
165 lb class	Squat	390	Dominique Bourgeois	163.50	2015	Pope John Paul
	Bench	185	Alexis Alford	149.00	2021	Port Allen
	Deadlift	365	Morgan Dynes	162.50	2016	Episcopal
	Total	905	Dominique Bourgeois	163.50	2015	Pope John Paul
181 lb class	Squat	350	Dominque Bourgeois	175.50	2014	Pope John Paul
	Bench	185	Rebekah Bass	171.40	2018	Saint Thomas Aquinas
	Deadlift	335	Jamie Messa	166.70	2017	Pope John Paul
	Total	835	Dominque Bourgeois	179.70	2013	Pope John Paul
198 lb class	Squat	370	Nadia Mckay	193.10	2021	Northlake Christian
	Bench	205	Nadia Mckay	193.10	2021	Northlake Christian
	Deadlift	350	Bailey Killingsworth	188.80	2021	Delhi Charter
	Total	915	Nadia Mckay	193.10	2021	Northlake Christian
220 lb class	Squat	405	Nyjala Williams	220.30	2018	Port Allen
	Bench	240	Olivia Candies	217.00	2021	Northlake Christian
	Deadlift	405	Nyjala Williams	220.30	2018	Port Allen
	Total	1015	Nyjala Williams	220.30	2018	Port Allen
SHW class	Squat	375	Sarah Elee	234.40	2016	Sterlington
	Bench	215	Kierra Talley	320.40	2021	Port Allen
	Deadlift	340	Madison Feazell	230.20	2017	Holy Savior Menard
	Total	905	Rickia Lenoir	253.30	2018	Port Allen