

LHSPLA GIRLS DIVISION V STATE RECORDS
(ESTABLISHED MARCH 2013)

3/17/2019

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	240	Kaidynce Manuel	93.30	2019	St. Edmund
	Bench	105	Kaidynce Manuel	93.30	2019	St. Edmund
	Deadlift	230	Kaidynce Manuel	93.30	2019	St. Edmund
	Total	575	Kaidynce Manuel	93.30	2019	St. Edmund
105 lb class	Squat	235	Amber Laborde	101.40	2015	False River Academy
	Bench	110	Amber Laborde	101.40	2015	False River Academy
	Deadlift	270	Brandi Landry	102.50	2015	Ascension Catholic
	Total	600	Amber Laborde	101.40	2015	False River Academy
114 lb class	Squat	225	Brandi Landry	110.80	2016	Ascension Catholic
	Bench	130	Brandi Landry	110.80	2016	Ascension Catholic
	Deadlift	280	Brandi Landry	110.80	2016	Ascension Catholic
	Total	635	Brandi Landry	110.80	2016	Ascension Catholic
123 lb class	Squat	300	Micahlyn Daigle	126.00	2017	Ascension Catholic
	Bench	130	Alexia Gray	122.20	2015	Delhi High School
	Deadlift	290	Akela Fellows	119.20	2015	La. School for the Deaf
	Total	685	Micahlyn Daigle	126.00	2017	Ascension Catholic
132 lb class	Squat	265	Madison Tripode	127.20	2019	Ascension Catholic
	Bench	135	Jeanne Zeringue	130.30	2014	Ascension Catholic
	Deadlift	290	Kedejah Cooper	127.40	2016	Delhi High School
	Total	655	Kedejah Cooper	127.40	2016	Delhi High School
148 lb class	Squat	300	Tamia Hopkins	144.50	2016	Delhi High School
	Bench	215	Cheyenne Joffrion	140.30	2015	False River Academy
	Deadlift	320	Tymia Evans	146.80	2019	Homer
	Total	760	Cheyenne Joffrion	140.30	2015	False River Academy
165 lb class	Squat	330	Curdeshia Edmonds	163.80	2014	Delhi High School
	Bench	150	Elizabeth Latino	159.50	2017	Ascension Catholic
	Deadlift	350	Curdeshia Edmonds	163.80	2014	Delhi High School
	Total	800	Curdeshia Edmonds	163.80	2014	Delhi High School
181 lb class	Squat	320	Nydia Cooper	175.30	2019	Ascension Catholic
	Bench	165	Sydney Leoinard	176.80	2015	False River Academy
	Deadlift	350	La Erica Hayes	168.70	2014	La. School for the Deaf
	Total	775	Nydia Cooper	175.30	2019	Ascension Catholic
198 lb class	Squat	335	Chandler Lejeune	196.40	2015	Catholic of PC
	Bench	165	Kenshell Davis	186.20	2017	Ascension Catholic
	Deadlift	320	Angel Cloud	183.90	2019	Glenmora
	Total	795	Kenshell Davis	186.20	2017	Ascension Catholic
220 lb class	Squat	500	Dynesha Williams	215.80	2015	Delhi High School
	Bench	185	Dynesha Williams	215.80	2015	Delhi High School
	Deadlift	365	Dynesha Williams	215.80	2015	Delhi High School
	Total	1050	Dynesha Williams	215.80	2015	Delhi High School
SHW class	Squat	470	Ashlyn Cleveland	260.10	2015	Delhi High School
	Bench	175	Dynesha Williams	230.60	2014	Delhi High School
	Deadlift	405	Dynesha Williams	230.60	2014	Delhi High School
	Total	1020	Dynesha Williams	230.60	2014	Delhi High School