

**LHSPLA GIRLS DIVISION V STATE RECORDS
(ESTABLISHED MARCH 2013)**

3/29/2021

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
97 lb class	Squat	240	Kaidynce Manuel	93.30	2019	St. Edmund
	Bench	105	Kaidynce Manuel	93.30	2019	St. Edmund
	Deadlift	245	Emma Grace Lazarus	96.20	2021	Calvary Baptist
	Total	575	Kaidynce Manuel	93.30	2019	St. Edmund
105 lb class	Squat	235	Amber Laborde	101.40	2015	False River Academy
	Bench	110	Amber Laborde	101.40	2015	False River Academy
	Deadlift	270	Brandi Landry	102.50	2015	Ascension Catholic
	Total	600	Amber Laborde	101.40	2015	False River Academy
114 lb class	Squat	265	Emma Moore	114.20	2021	Cedar Creek
	Bench	130	Brandi Landry	110.80	2016	Ascension Catholic
	Deadlift	280	Brandi Landry	110.80	2016	Ascension Catholic
	Total	660	Emma Moore	114.20	2021	Cedar Creek
123 lb class	Squat	300	Aubrey Mayo	114.70	2021	Calvary Baptist
	Bench	150	Aubrey Mayo	114.70	2021	Calvary Baptist
	Deadlift	315	Aubrey Mayo	114.70	2021	Calvary Baptist
	Total	765	Aubrey Mayo	114.70	2021	Calvary Baptist
132 lb class	Squat	315	Skylar Odom	131.50	2021	Calvary Baptist
	Bench	145	Skylar Odom	131.50	2021	Calvary Baptist
	Deadlift	305	Peyton Muse	125.30	2021	Cedar Creek
	Total	765	Skylar Odom	131.50	2021	Calvary Baptist
148 lb class	Squat	300	Ainsley Riley	142.50	2021	Cedar Creek
	Bench	215	Cheyenne Joffrion	140.30	2015	False River Academy
	Deadlift	320	Tymia Evans	146.80	2019	Homer
	Total	760	Cheyenne Joffrion	140.30	2015	False River Academy
165 lb class	Squat	330	Curdeshia Edmonds	163.80	2014	Delhi High School
	Bench	175	Tatum Brasher	151.60	2021	Cedar Creek
	Deadlift	350	Curdeshia Edmonds	163.80	2014	Delhi High School
	Total	800	Curdeshia Edmonds	163.80	2014	Delhi High School
181 lb class	Squat	320	Nydia Cooper	175.30	2019	Ascension Catholic
	Bench	165	Sydney Leonard	176.80	2015	False River Academy
	Deadlift	350	La Erica Hayes	168.70	2014	La. School for the Deaf
	Total	775	Nydia Cooper	175.30	2019	Ascension Catholic
198 lb class	Squat	340	Kelsi Fanguy	198.30	2021	Vermillion Catholic
	Bench	195	Mary Woods	194.40	2021	Holden
	Deadlift	330	Mary Woods	194.40	2021	Holden
	Total	845	Mary Woods	194.40	2021	Holden
220 lb class	Squat	500	Dynesha Williams	215.80	2015	Delhi High School
	Bench	185	Kyleigh Davis	213.50	2021	Cedar Creek
	Deadlift	370	Kayla Davis	216.00	2021	Holden
	Total	1050	Dynesha Williams	215.80	2015	Delhi High School
SHW class	Squat	470	Ashlyn Cleveland	260.10	2015	Delhi High School
	Bench	200	Shontellas Shine	384.40	2021	Haynesville
	Deadlift	405	Dynesha Williams	230.60	2014	Delhi High School
	Total	1020	Dynesha Williams	230.60	2014	Delhi High School