

# Brandon Bankston



Zachary High School  
Coach/Competitor/Official  
Inducted 2017

## Achievements and Accomplishments

Elected to the LHSPLA Executive Committee in 2001 and held numerous positions including Vice President for 4 years from 2004 to 2008

Currently 22 Years as a LHSPLA Official

Lifted at Zachary High 1987-90

Head Coach at Zachary for 1998-2005- 8 years

LSU Lifter from 1990 to 1995

World Official for 3 Powerlifting Associations including WABDL, AAU and IPF

## Coaching and Lifting Records:

Zachary High State Championship team in 1987 and 1988

198 Lb. BP Record Holder for 20 years

242 Lb. and 275 Lb. 12 Time National Champion in 3 Different Associations 1991 thru 2011

275 Lb. and 308 Lb. 7 Time World Champion in 3 Different Associations 2005 thru 2011

13 national records over 20 year career including

815 Squat 711 Bench 745 Deadlift

Best Lifter on the heavy Platform 5 Times in 7 years.

Coached 13 World and National Champions

Multiple Boys and Girls Regional Championships from 1997 to 2005