

Sean Augustine



Competitor

- 1985 Southeast Regional runner-up.
- 1986 South Regional Champion.
- 1986 State Champion.
- 1986 USPF Teenage National Champion.
- 1987 South Regional Champion and best lifter.
- 1987 State Champion and best lifter.
- 114 lb. South Regional Records Held: Squat : 400 lbs, Bench Press : 250 lbs, Total : 1025 lbs
- 114 lb. State Records Held: Squat : 400 lbs, Bench Press : 255 lbs, Total : 1030 Lbs.
- 1st to squat 400 lbs. at 114 lbs.
1st to bench 250 lbs. at 114 lbs.
1st to total over 1000 lbs. at 114 lbs.