

1995 West Monroe High School Boys State Championship Team



Team Accomplishments

- Team won 4th Consecutive and 7th Overall LHSPLA 5A Title for West Monroe High School
- 5 Individual State Champions: 165 Lb. - Mike Mitchell, 181 Lb. - DeEdrick Jefferson, 198 Lb. - Curtis Corbin, 242 Lb. - Jeremy Many, SHW - Shane Pittard (At this time the classifications were not split. All classes at the state meet lifted together against one another.)
- 5 lifters from 5 different weight classes squatted 600+ pounds. 198s, 220s, 242s, 275s, and SHW
- 1995 State Meet Outstanding Lifter Heavy Platform: 181 Lb. DeEdrick Jefferson
- 1995 Boys 5-A Coach of the Year – Casey Sanders

Team Members:

123 Lb. Class - Clint Johnston, 148 Lb. Class – Alex Hall, 148 Lb. Class – Scott Rogers, 165 Lb. Class – Mike Mitchell, 181 Lb. Class – DeEdrick Jefferson, 198 Lb. Class – Curtis Corbin, 220 Lb. Class – Tommy Banks, 220 LB. Class – Brad Harris, 242 Lb. Class – Jeremy Many, 275 Lb. Class – Alan Cooper, SHW Class – Shane Pittard