

BAYOU REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

3/5/2021

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	225	Macy Fanguy	97.0	2018	Ellender
	BENCH	95	Macy Fanguy	97.0	2018	Ellender
	DEAD	210	Macy Fanguy	97.0	2018	Ellender
	TOTAL	530	Macy Fanguy	97.0	2018	Ellender
105 LB. CLASS	SQUAT	240	Emily Louque	105.1	2018	Lutcher
	BENCH	105	Caroline Gros	102.6	2018	South Terrebonne
	DEAD	250	Emily Louque	105.1	2018	Lutcher
	TOTAL	590	Emily Louque	105.1	2018	Lutcher
114. LB. CLASS	SQUAT	350	Quamecca Stafford	114.4	2021	Lutcher
	BENCH	200	Quamecca Stafford	114.4	2021	Lutcher
	DEAD	405	Quamecca Stafford	114.4	2021	Lutcher
	TOTAL	955	Quamecca Stafford	114.4	2021	Lutcher
123 LB. CLASS	SQUAT	315	Reagan Martin	121.2	2021	Lutcher
	BENCH	155	Adele Dupont	122.2	2019	ED White
	DEAD	325	Brandi Lambert	123.4	2019	Lutcher
	TOTAL	755	Brandi Lambert	123.4	2019	Lutcher
132 LB. CLASS	SQUAT	335	Alexis Laiche	128.9	2020	Lutcher
	BENCH	170	Alexis Laiche	128.9	2020	Lutcher
	DEAD	325	Alexis Laiche	128.9	2020	Lutcher
	TOTAL	830	Alexis Laiche	128.9	2020	Lutcher
148 LB. CLASS	SQUAT	375	Bijanae Thomas	144.0	2021	Lutcher
	BENCH	230	Shyanne Naquin		2018	Lutcher
	DEAD	380	Bijanae Thomas	144.0	2021	Lutcher
	TOTAL	945	Shyanne Naquin		2018	Lutcher
165 LB. CLASS	SQUAT	425	Shay Naquin	161.4	2021	Lutcher
	BENCH	270	Shay Naquin	161.4	2021	Lutcher
	DEAD	415	Shay Naquin	161.4	2021	Lutcher
	TOTAL	1110	Shay Naquin	161.4	2021	Lutcher
181 LB. CLASS	SQUAT	410	Destiny Fowler	174.5	2018	Ellender
	BENCH	200	Asia Peterson	174.1	2021	Lutcher
	DEAD	400	Asia Peterson	174.1	2021	Lutcher
	TOTAL	965	Asia Peterson	174.1	2021	Lutcher
198 LB. CLASS	SQUAT	380	Melanie Louque	191.7	2020	Lutcher
	BENCH	200	Melanie Louque	191.7	2020	Lutcher
	DEAD	360	Melanie Louque	191.7	2020	Lutcher
	TOTAL	940	Melanie Louque	191.7	2020	Lutcher
220 LB. CLASS	SQUAT	360	Lanecia Nicholas	199.8	2021	Lutcher
	BENCH	210	Lanecia Nicholas	199.8	2021	Lutcher
	DEAD	370	Lanecia Nicholas	199.8	2021	Lutcher
	TOTAL	940	Lanecia Nicholas	199.8	2021	Lutcher
SHW CLASS	SQUAT	465	Janasia Bell	283.5	2021	Lutcher
	BENCH	280	Madison Mire	225.3	2020	Lutcher
	DEAD	405	Sameera Hasan	280.0	2018	H L Bourgeois
	TOTAL	1095	Janasia Bell	283.5	2021	Lutcher