

EAST REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: BOYS

3/5/2021

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
114. LB. CLASS	SQUAT	340	John Bridges	114.2	2008	Runnels
	BENCH	240	Stephen Stuart		1993	Livonia
	DEAD	370	Jeremie Granger		1999	LSD
	TOTAL	960	Stephen Stuart		1993	Livonia
123 LB. CLASS	SQUAT	375	Sam Russell	122.4	2014	Central
	BENCH	235	Ken Wilson		1987	Donaldsonville
	DEAD	435	Ricky Merritt	123.0	2011	Port Allen
	TOTAL	1010	Ricky Merritt	123.0	2011	Port Allen
132 LB. CLASS	SQUAT	430	Caleb Clark	131.1	2014	Central
	BENCH	265	Ken Wilson		1988	Donaldsonville
			Ricky Merritt	128.9	2012	Port Allen
	DEAD	475	Caleb Clark	131.1	2014	Central
	TOTAL	1165	Caleb Clark	131.1	2014	Central
148 LB. CLASS	SQUAT	500	Keith Dickinson		1999	Zachary
	BENCH	285	Tyler Carollo	146.1	2015	St. Thomas Aquinas
			Tony Miller		1988	Bishop Sullivan
	DEAD	485	Charles Uze	144.8	2010	Hanson Mem.
	TOTAL	1235	Keith Dickinson		1999	Zachary
165 LB. CLASS	SQUAT	535	Doss Martin	163.8	2011	Walker
	BENCH	340	Andy Whitaker	163.0	2003	Zachary
	DEAD	550	McVay Stockwell	163.1	2021	Catholic HS of BR
	TOTAL	1400	McVay Stockwell	163.1	2021	Catholic HS of BR
181 LB. CLASS	SQUAT	560	Brian Szolis	165.4	2011	Walker
	BENCH	335	Bruce Huber		1994	Silliman
	DEAD	585	Brian Szolis	165.4	2011	Walker
	TOTAL	1475	Brian Szolis	165.4	2011	Walker
198 LB. CLASS	SQUAT	560	David Davis		1998	St. Amant
	BENCH	370	Ryan Gaudet	193.0	2015	Assumption
	DEAD	595	Will Hicks		1988	LSD
	TOTAL	1495	Darius Jordan		2009	Port Allen
220 LB. CLASS	SQUAT	580	Erik Bonneval		1998	St. Amant
			Jason Hebert		1999	St. Amant
	BENCH	375	Kee Hawkins	215.0	2019	Live Oak
	DEAD	625	Ferris Keller		1991	Zachary
	TOTAL	1470	Alex Frank	220.1	2011	Central
242 LB. CLASS	SQUAT	655	Joseph DiVencenti		2000	Bishop Sullivan
	BENCH	380	Trevor Miller	240.5	2013	Walker
	DEAD	620	Will Thomas	237.9	2011	Runnels
	TOTAL	1625	Trevor Miller	240.5	2013	Walker
275 LB. CLASS	SQUAT	635	Greg Theriot	258.2	2002	Bishop Sullivan
	BENCH	455	Blasé Courville	275.4	2014	Central
	DEAD	635	Andre' Armwood	260.2	2005	Zachary
	TOTAL	1575	Greg Theriot	258.2	2002	Bishop Sullivan
SHW	SQUAT	740	Mel Lee	298.4	2014	Central
	BENCH	430	Blasé Courville	315.2	2015	Central
	DEAD	660	Michael Howse		1999	Broadmoor
	TOTAL	1725	Michael Howse		1999	Broadmoor