

**NORTH REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: BOYS**

3/5/2021

| Wt.Class             | Event | Amt. | Name               | BW    | Year | School                |
|----------------------|-------|------|--------------------|-------|------|-----------------------|
| 114. LB. CLASS       | SQUAT | 375  | Jeremy Scruggs     |       | 2002 | North Crowley (TX)    |
|                      | BENCH | 220  | Jeremy Scruggs     |       | 2002 | North Crowley (TX)    |
|                      | DEAD  | 455  | Brandon Green      |       | 1992 | Winnfield             |
|                      | TOTAL | 1035 | Jeremy Scruggs     |       | 2002 | North Crowley (TX)    |
| 123 LB. CLASS        | SQUAT | 445  | Christopher Strong | 115.8 | 2021 | Parkway               |
|                      | BENCH | 260  | Christopher Strong | 115.8 | 2021 | Parkway               |
|                      | DEAD  | 440  | Chad Randow        | 122.0 | 2014 | Pineville             |
|                      | TOTAL | 1050 | Terrance Phillips  | 122.1 | 2015 | Alexandria            |
| 132 LB. CLASS        | SQUAT | 465  | Lushawn Ware       | 132.3 | 2014 | West Monroe           |
|                      | BENCH | 265  | Lushawn Ware       | 132.3 | 2014 | West Monroe           |
|                      | DEAD  | 470  | Spencer Perry      | 130.1 | 2015 | Alexandria            |
|                      | TOTAL | 1155 | Lushawn Ware       | 132.3 | 2014 | West Monroe           |
| 148 LB. CLASS        | SQUAT | 570  | Calvin Dial        |       | 1990 | Thomas Jefferson (TX) |
|                      | BENCH | 325  | Lushawn Ware       | 146.8 | 2015 | West Monroe           |
|                      | DEAD  | 605  | Fred Jackson       |       | 1996 | Natchitoches Central  |
|                      | TOTAL | 1410 | Fred Jackson       |       | 1996 | Natchitoches Central  |
| 165 LB. CLASS        | SQUAT | 580  | Christian Dunn     | 165.3 | 2014 | Ouachita Christian    |
|                      | BENCH | 340  | Deforest Hart      |       | 1997 | Vicksburg (MS)        |
|                      | DEAD  | 575  | Harry Everett      |       | 1983 | Lake Highland (TX)    |
|                      | TOTAL | 1360 | Christian Dunn     | 165.3 | 2014 | Ouachita Christian    |
| 181 LB. CLASS        | SQUAT | 740  | Christian Dunn     | 181.3 | 2017 | West Monroe           |
|                      | BENCH | 430  | Christian Dunn     | 181.3 | 2017 | West Monroe           |
|                      | DEAD  | 625  | Edward McCall      | 176.3 | 2002 | Alexandria            |
|                      | TOTAL | 1750 | Christian Dunn     | 181.3 | 2017 | West Monroe           |
| 198 LB. CLASS        | SQUAT | 610  | Dylan Jackson      | 183.0 | 2013 | Delhi High School     |
|                      | BENCH | 365  | Dontarius Buggs    | 192.4 | 2016 | Union Parish          |
|                      | DEAD  | 630  | Kenneth Ratliff    |       | 2001 | Natchitoches Central  |
|                      | TOTAL | 1500 | Kenneth Ratliff    |       | 2001 | Natchitoches Central  |
| 220 LB. CLASS        | SQUAT | 650  | Jacob Corrent      | 215.4 | 2018 | West Monroe           |
|                      | BENCH | 410  | Tyler Kinder       | 216.1 | 2015 | Alexandria            |
|                      | DEAD  | 630  | Clint Brown        |       | 1989 | Bolton                |
|                      | TOTAL | 1590 | Jacob Corrent      | 215.4 | 2018 | West Monroe           |
| 242 LB. CLASS        | SQUAT | 655  | Isaiah Robinson    | 238.6 | 2014 | Union Parish          |
|                      | BENCH | 420  | Charlie Harvin     | 242.4 | 2016 | West Monroe           |
|                      | DEAD  | 655  | Jacob Tyson        | 223.7 | 2012 | West Monroe           |
|                      | TOTAL | 1665 | Jacob Tyson        | 223.7 | 2012 | West Monroe           |
| 275 LB. CLASS        | SQUAT | 700  | David Verzwylvelt  | 266.8 | 2015 | Alexandria            |
|                      | BENCH | 545  | Cody Kennedy       | 272.2 | 2013 | Farmerville           |
|                      | DEAD  | 640  | Tyler Holloway     | 271.8 | 2016 | Union Parish          |
|                      | TOTAL | 1695 | Tyler Holloway     | 271.8 | 2016 | Union Parish          |
| SUPER<br>HEAVYWEIGHT | SQUAT | 745  | Brian Powell       | 275.8 | 2004 | Natchitoches Central  |
|                      | BENCH | 500  | Matt Harper        | 291.2 | 2014 | Parkway               |
|                      | DEAD  | 635  | Marklyn England    | 290.3 | 2013 | West Monroe           |
|                      | TOTAL | 1740 | Matt Harper        | 291.2 | 2014 | Parkway               |