

SOUTH REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: BOYS

3/5/2021

Wt.Class	Event	Wt. Lifted	Name	BW	Year	School
114. LB. CLASS	SQUAT	450	Trai Chatman	113.8	2018	Covington
	BENCH	335	Trai Chatman	113.8	2018	Covington
	DEAD	500	Billy Naquin	113.0	2008	Ellender
	TOTAL	1225	Trai Chatman	113.8	2018	Covington
123 LB. CLASS	SQUAT	465	Stafford Agee	120.8	2021	Holy Cross
	BENCH	280	Stafford Agee	120.8	2021	Holy Cross
	DEAD	465	Stafford Agee	120.8	2021	Holy Cross
	TOTAL	1210	Stafford Agee	120.8	2021	Holy Cross
132 LB. CLASS	SQUAT	500	Joshua Kellum	131.4	2020	St. Paul's
	BENCH	295	Logan Pennington	130.8	2019	Covington
	DEAD	525	Louis Collins		1996	Covington
	TOTAL	1275	Logan Pennington	130.8	2019	Covington
148 LB. CLASS	SQUAT	535	Joshua Kellum	135.5	2021	St. Paul's
	BENCH	355	Brady Becker	145.0	2020	Pope John Paul II
	DEAD	535	Shawn Warren	148.1	2016	Covington
	TOTAL	1365	Shawn Warren	148.1	2016	Covington
165 LB. CLASS	SQUAT	575	Glenn France	157.8	2005	Slidell
	BENCH	385	Jesse Strecker	161.5	2014	Northshore
	DEAD	565	Matt Winchester	163.4	2008	Slidell
	TOTAL	1390	Frank Trapani	162.4	2006	Holy Cross
181 LB. CLASS	SQUAT	675	Tyran Garrett	181.3	2016	Covington
	BENCH	420	Tommy Anello	179.2	2018	Covington
	DEAD	630	Alex Davis	177.7	2019	Holy Cross
	TOTAL	1650	Tyran Garrett	181.3	2016	Covington
198 LB. CLASS	SQUAT	705	William Reed	194.6	2018	Archbishop Dummett
	BENCH	415	Kodi Dangerfield	194.8	2017	Slidell
	DEAD	670	Josh Bickham	188.7	2014	Covington
	TOTAL	1725	William Reed	194.6	2018	Archbishop Dummett
220 LB. CLASS	SQUAT	675	John Rushing	218.5	2016	St. Paul's
	BENCH	450	Josh Bickham	199.0	2015	Covington
	DEAD	700	Josh Bickham	199.0	2015	Covington
	TOTAL	1800	Josh Bickham	199.0	2015	Covington
242 LB. CLASS	SQUAT	780	Dylon Cook	233.6	2016	Northlake Christian
	BENCH	455	Daniel Holden	239.9	2013	Covington
	DEAD	655	John Rushing	235.7	2017	St. Paul's
	TOTAL	1805	John Rushing	235.7	2017	St. Paul's
275 LB. CLASS	SQUAT	690	Jason Toups	259.4	2019	St. Paul's
	BENCH	470	Andrew Johnson	262.5	2016	Chalmette
	DEAD	650	Travis Clark		2001	Slidell
	TOTAL	1710	Jason Toups	259.4	2019	St. Paul's
SUPERHEAVYWEIGHT	SQUAT	720	Isaac Black		1990	Shaw
	BENCH	445	Ashton Washington	314.8	2017	Slidell
	DEAD	615	Sharif Khalaieleh	316.5	2012	Chalmette
	TOTAL	1655	Ashton Washington	314.8	2017	Slidell