

WEST REGIONAL POWERLIFTING CHAMPIONSHIP RECORDS: GIRLS

3/5/2021

WT. CLASS	LIFT	AMT.	LIFTERS	BWT.	YEAR	SCHOOL
97 LB. CLASS	SQUAT	280	Blayna Parfait	97.0	2017	North Vermilion
	BENCH	120	Kaidynce Manuel	95.3	2020	St. Edmund
	DEAD	280	Blayna Parfait	97.0	2017	North Vermilion
	TOTAL	670	Blayna Parfait	97.0	2017	North Vermilion
105 LB. CLASS	SQUAT	260	Shaye Robertson	100.8	2021	Abbeville
	BENCH	182.5	Shaye Robertson	100.8	2021	Abbeville
	DEAD	280	Braiana Tomino	103.8	2019	Abbeville
	TOTAL	705	Shaye Robertson	100.8	2021	Abbeville
114. LB. CLASS	SQUAT	270	Mackenzie Nguyen	114.2	2017	Abbeville
	BENCH	145	Mackenzie Nguyen	114.0	2018	Abbeville
	DEAD	305	Braiana Tomino	106.9	2020	Abbeville
	TOTAL	680	Braiana Tomino	106.9	2020	Abbeville
123 LB. CLASS	SQUAT	295	Alayna Daigle	118.4	2019	Iota
	BENCH	185	Chelsea Baudoin	118.5	2018	Abbeville
	DEAD	305	Alexey Lemaire	123.0	2016	North Vermilion
	TOTAL	765	Chelsea Baudoin	121.3	2107	Abbeville
132 LB. CLASS	SQUAT	315	Madelyn McDaniel	129.1	2019	Iota
	BENCH	175	Makayla Jones	132.0	2018	Abbeville
	DEAD	375	Kamilah Todd		1998	Leesville
	TOTAL	785	Kamilah Todd		1998	Leesville
148 LB. CLASS	SQUAT	315	Keylie Cruse	142.6	2019	Iota
	BENCH	215	Cheyenne Joffrion	141.8	2015	False River
	DEAD	355	Gracie Ransonet	141.6	2021	Loreauville
	TOTAL	800	Gracie Ransonet	141.6	2021	Loreauville
165 LB. CLASS	SQUAT	350	Holly Necaise	154.3	2018	North Vermilion
	BENCH	190	Holly Necaise	154.3	2018	North Vermilion
	DEAD	360	Valerie Leblanc	157.8	2017	South Terrebonne
	TOTAL	855	Holly Necaise	154.3	2018	North Vermilion
181 LB. CLASS	SQUAT	350	Haylee Bourque	181.1	2021	Abbeville
	BENCH	220	Hannah Barnett	171.9	2019	Abbeville
	DEAD	370	Roncia Howze		2014	Leesville
	TOTAL	830	Jaslyn Thomas	169.2	2020	Mamou
198 LB. CLASS	SQUAT	445	Taylor Holliday	193.7	2017	Ellender
	BENCH	235	Hannah Barnett	184	2020	Abbeville
	DEAD	325	Hannah Barnett	184	2020	Abbeville
	TOTAL	910	Taylor Holliday	193.7	2017	Ellender
220 LB. CLASS	SQUAT	390	Jayla Reaux	219.3	2021	Abbeville
	BENCH	275	Jayla Reaux	219.3	2021	Abbeville
	DEAD	350	Kennah Buatt	210.3	2017	Beau Chene
	TOTAL	1000	Jayla Reaux	219.3	2021	Abbeville
SHW CLASS	SQUAT	480	Taylor Castille	352.8	2021	Mamou
	BENCH	310	Lainey Trahan	255.0	2019	Abbeville
	DEAD	450	Taylor Castille	352.8	2021	Mamou
	TOTAL	1115	Taylor Castille	352.8	2021	Mamou